

Let's Talk About It

8 Keep it simple, stupid

10 Tragedy averted

35 Talking to aliens



Meet our Employees: Eric Blake

Born in Fullerton CA, Eric Blake moved to Humboldt County in 1994 for a "change of scenery." After working at Murphy's Markets for the last eight years as a traveling meat cutter, he has recently been promoted to meat department manager at the Westwood Location.

"I love working at Murphy's. Working at each location lets you see the personality of each community. I love the local cheer and each

location's sense of community is amazing," explains Eric. "I'm really excited to apply my last eight years towards this new position."

When Eric is not managing the Westwood Murphy's meat department he can usually be found with his wife, Misty, and his two daughters Madison, 14 and Meghan, 6. "I love spending time with my family. We go on a lot of trips mainly to Disneyland since it is so close to where I grew up." Eric also has a love for

boxing and in his younger days was a boxing trainer at a local gym. "I really miss it. I had a lot of fun doing it."

So swing on by the meat department in Westwood and say hi to Eric and pick up some premium meats and seafood. Westwood Murphy's is located at 100 Westwood Center on Alliance Road in Arcata.

For more information visit murphysmarket.net.

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Sarah Harmon, in protest. Read more on page 12.

Photo by Mark McKenna

On the Cover

Photo by Mark McKenna

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Let's Get to Work

By Jennifer Fumiko Cahill and Thadeus Greenson

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thad@northcoastjournal.com

Over the last week, many have commented that they no longer recognize America or they find themselves waking up in a different country. It's a sentiment that was expressed in these pages last week, but it's also one that we find troubling.

Plainly, this isn't a different America; it's just one that many among us have been choosing to ignore for far too long. This election has highlighted the existence of two Americas: The one that dominates urban areas and clusters around universities, and the other that occupies almost all the land between them. And Humboldt — like virtually every community in the country — is a microcosm of this. The problem this election has exposed is that most of us are surrounded — by choice, as well as socio-economic and geographical factors — by people who see the world through a similar lens to our own.

To those despondent over Trump becoming the nation's 45th president, there are some truths you need to accept. First, this election wasn't rigged. And while the margins were narrow — Hillary Clinton won the popular vote but lost the presidency by several hundred thousand votes spread across three swing states — this is the system that has governed our nation for centuries. It's also a system that is no more corrupt now than when we elected Barack Obama in 2008 and 2012.

It's also imperative that you don't write off Trump's win solely as the work of racists, nationalists and misogynists. Those forces were certainly at play, but we refuse to believe 60 million Americans bought into that ideology alone. (To those who did, all we can say with a civil tongue is that your perceived victory will be brief and history will judge you harshly.) For most, this election was far more complex

than that. The truth is there are a lot of single issue voters out there, people for whom a pro-life or pro-Second Amendment agenda ends any further conversation. And there are many more who rightly feel frustrated, disenfranchised and ignored, and — generally speaking — Trump did a better job of at least speaking to those voters than Clinton or her fellow Democrats did. There are still others who feel so angry and forgotten by Washington that they followed an urge to blow everything up and let it burn by

electing the anti-candidate, a politically incorrect man who has systematically abused and taken advantage of our national framework for decades.

These people — and their frustrations — aren't likely to go away. If Democrats and anyone-but-Trumpers want to take this country back, they need to first reach out, much like Bernie Sanders did in the primaries. They need to understand the angst that is gripping the American middle and lower classes, and craft policies that speak to that.

To those who supported Trump's campaign, you need to understand that the fear and anxiety being expressed across the nation at his victory are genuine and visceral. To the victors go the responsibilities and, in this case, that doesn't simply mean crafting policies in the best interests of the nation that uphold our founding principles. It has to include undoing much of the damage this campaign has caused.

To recap, candidate Trump proposed mass deportations and banning an entire religion from immigrating to the United States. He repeatedly condoned or refused to condemn violence against protesters at his rallies, which were rife with racial and misogynistic slurs. He

openly mocked a disabled reporter. And, in a leaked recording, he casually bragged about sexual assault, later dismissing it as simply "locker room talk." This is a man whose candidacy was endorsed by the Ku Klux Klan's newspaper. That alone is enough to reasonably strike terror in the hearts of minorities throughout the country, as well as everyone who cares about them.

And with the Southern Poverty Law Center reporting that the rise in hate crimes and minority harassment — some invoking Trump's name — following Election Day is more severe than after Sept. 11, 2001, and the Klan openly celebrating a Trump victory, it is impossible to deny that unabashed racists are now newly emboldened.

So part of your responsibility, Trump supporter, is to do all you can — with deeds as well as words — to counteract this contingent that united behind your chosen candidate. That means reaching out to people and assuring them that — while you may disagree with them on gun control and/or abortion — you're not going to let anyone infringe on their rights or their safety. It means standing up to hate speech, whether or not a woman or a minority is in the room. And it means knowing that the same Constitution that protects your right to bear arms also contains a host of protections for everyone in this country, binding us together as one nation united under a rule of law.

And know that your candidate's actions — like appointing the enthusiastically outspoken bigot Steve Bannon as his chief strategist, which does nothing to ease the minds of people of color, religious minorities, the LGBTQ community or women — can make your work more difficult. You, Trump supporter, no longer have an either/or choice, but an obligation to help chart the course of Trump's presidency away from the most vile elements of his campaign.

We newspapers have our work cut out for us, too. There is no shortage of criticism of the media in the wake of the election from all directions and much of it

is justified. As an institution, we built on a decades-long trend of focusing too much on the horse race and scandal, and too little on the policies that really matter, the kind of coverage that fosters an informed voting public. When the campaigns went ugly, we followed. And we yielded more time to the pundits who masquerade opinion as news, packaging it up to fit and reinforce the ideological bent of the consumer. Clearly, we need more substantive coverage of the issues that matter — every day, not just during election season — and we need to include more voices and diverse opinions in that coverage.

Of course, ratings and newspaper sales feed the beast, so it's also up to readers and viewers to demand more, to recognize that democracy isn't a spectator sport — that, hell, it's not even a sport. It's real life that requires real engagement, real curiosity and real knowledge.

There is much for us to do, Humboldt. But let's start right here. According to the final election night tally, about 19,500 of us voted for Clinton while nearly 11,000 of us voted for Trump. Almost 5,000 others voted for someone else or left the space blank.

Here in Humboldt, we're not going to be able to agree on exactly what the Second Amendment should mean or the morality of abortion, much less renegotiate NAFTA or reshape immigration. But what we can do is get to know each other and understand each other. We can get to a place where we can talk openly and honestly about our fears and our hopes, and understand what motivates our world views and beliefs. We can find places where we agree and work together on those. We can refuse to let our differences divide us by sitting down together, resisting the urge for a more comfortable silence and talking.

Then, maybe, we can start to address some of our many local problems — a surging homicide rate, chronic homelessness, a drug epidemic, failing roads and struggling schools. God knows, if we're going to change any of those things, we're going to have to do it together.



45 for 45

Editor's note: In the wake of the Nov. 8 election, we invited readers to pen letters of 45 words or less to Donald J. Trump, the nation's 45th president. Here are a few we've received so far, but we'll keep the feature running for several weeks. Send submissions to letters@northcoast-journal.com.

Dear President-elect Trump:

Please hire/appoint good people.

Uh-oh, may be too late. On your short list as of Tuesday: Rudy Giuliani, State. Jeff Sessions for AG. EPA Chief Myron Ebell. Joe Arpaio, Homeland Security. Sarah Palin, Interior. Chris Christie for anything.

And Stephen Bannon is "Chief Strategist?"

*Judy Hodgson, Publisher,
North Coast Journal*

Dear President-elect Trump,

Believe in science. Continue to work for clean air, water and a healthy ocean for our children, grandchildren and the world. The future begins now!

Susan Donovan, McKinleyville

Dear President-elect Trump

As an American I believe deeply that we are all equal in rights and dignity, freedom of worship and expression. I hope that you do too. Please honor these values as President, rather than the hatred and bigotry that was the hallmark of your campaign.

Margaret Thorpe, Trinidad

Dear Donald,

We will not give our power up to constructs that threaten to dismantle our way of life. This election is a call to action to stay true to the beliefs and values that honor Planet Earth. All of her inhabitants deserve our compassion and respect.

Laura Madjedi, Kneeland

Aftermath

Editor:

I have never been more ashamed to be American (NCJ Daily, Nov. 10). We have elected a racist, sexist, rude, arrogant bully to be our president. Trump has spent his entire life bullying and cheating people out of their hard-earned money.

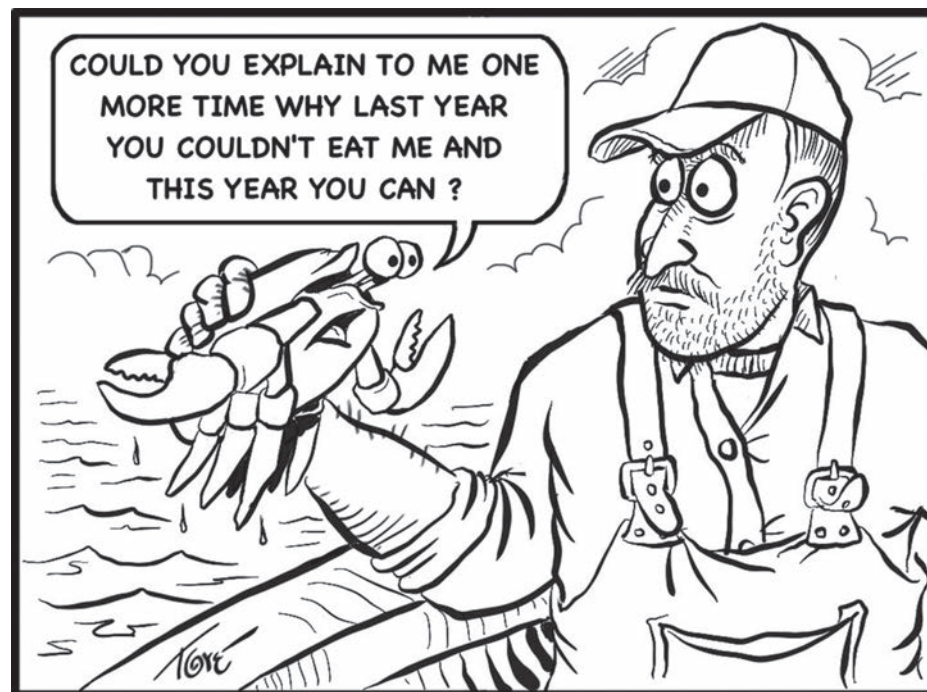
He is a pathological liar, who disrespects women, Muslims, Mexicans or any member of the press. During three debates, he could not even string together an intelligent sentence about policy because he is dangerously uninformed. Trump refused to release his taxes because it would show that he has many business ties to Russia. For the last year, Trump has been collaborating with Russia to win the election and the Justice Department knows this.

He admires dictators and is against freedom of the press. Trump has bragged about assaulting women, and 11 women have come forward to complain about just that. How do I explain to my daughter that America has elected this pig? I just hope and pray that he doesn't start World War III because his ego got bruised. The ugliness of the campaign has spilled all across the country. Hate crimes are skyrocketing. Do we really need to have all these voter suppression laws to keep African Americans from voting? Finally, will his vast oil properties be affected by his decisions?

Larry Lange, Bayside

Editor:

On Tuesday, Nov. 8, 2016, I voted for a candidate who worked in public service for 30 years, who fought on behalf of children and families. I voted for a candidate who ran on a platform that included major reforms to help the greater good, a candidate who acknowledged that all people, no matter their skin color, gender,



Terry Torgerson

sexual orientation, faith, ability or disability, or even political affiliations, deserve love and respect. I voted for a candidate with extensive experience as Senator, First Lady, and Secretary of State, a candidate more qualified than any in history to hold the solemn title of President of the United States. I voted for a candidate who also happened to be a woman.

I wholeheartedly supported Hillary, but in the end my actions, and the actions of others who believed we'd be stronger together, were not enough. A very different candidate has been elected President, a man with zero experience in public service, one who I worry will propagate hatred and lies and decelerate progress, shirking unity, respect, and science in favor of divisiveness, anger, and fear. On November 8, we watched a strong, capable, and conscientious woman come closer than ever to shattering the glass ceiling, only to have this man, Donald J. Trump, slam her back down.

But she will get back up again. We will all get back up again — all of us who stand for justice, equality, love, science, and wisdom. We will make our voices heard. We will reach out to others, even those who are most different from us, with open minds and open hearts, and attempt to bridge the divides between us. We will keep fighting for what we believe in, for the ideals that *really* make our country great. As we always have.

Amy Fontaine, McKinleyville

Editor:

What happens when the court jester becomes king? "Coming Jan. 20, on an all new season of *The Apprentice: So you Wannabe an Intern?*" There's no shame, and no fame, like being fired on camera in the Oval Office. Government as game show.

Yet the Democrats deserve it. The Right

Continued on next page »

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THURSDAY & FRIDAY,
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HAPPY
THANKSGIVING!

Mailbox

Continued from previous page

may play lead dog whistle, but not solo, never solo. “Super predators” ... NAFTA, “the gold standard” (His Erratic Majesty is correct, she did say that, I’ve seen the video) ... welfare “reform” ... Bosnia worthy, Uganda not (no U.S. interests there — and they’re black, not that that matters). Policies of expediency, national flag a wind sock, sucker born every minute, gay marriage no then yes-yes-yes, TPP yes then no-no-no ... yoga class dates and the foreign policy of a nation, side by side on the same phone, emailed with equal respect. Claw in talon with Wassermann Schultz to throw Bernie under the bus ... Donna feeding Hil the debate questions from her day job at CNN ... Zero transparency, it’s all need to know and you don’t need to know.

Trump’s right but we knew it already, Repocrat rule is terminally corrupt. You can’t get bacon from a live pig. Kill the pig! Cut his throat! Kill the pig! Bash him in! We’re all just frightened schoolchildren stranded on an island called earth.

Oh, but it’s sunrise again. Breakfast, anyone?

Jamie Flower, Arcata

Editor:

This election brings up, once again, a fundamental question about our system of governance: can a representative democracy really work in America? We live in a highly competitive society, after all — why would we ever trust any politician to represent the greater good not just his own narrow interests?

Perhaps that’s why only a little more than half of America’s eligible voters vote. To win, a candidate needs to carry only about 30 percent of American voters. This means a minority of our population elects our political representatives. At any one time, our representatives do not represent most of us.

According to the *NY Times*, less than 20 percent of under-30 voters voted this Tuesday — an entire generation of Americans did not find any representation in the recent choices. What a resounding rejection of our system. What a complete loss for them.

It’s been this way for a while. All American presidential elections, back to early last century, attracted less than 60 percent of voters. Of course, both parties know this fact — they don’t gotta’ fool all the people all the time, just a minority of the voters once every four years.

Alas, this means most of us have little representation in our government. Alas, too, for those among us with no reps at all in this system — the very largest majority of Americans — our children.

Walter J. Kelly, Arcata

Editor:

To those Christians who voted for Trump: In the New Testament, I find Jesus healing and embracing the disabled, not mocking and belittling them.

And I can’t find anywhere in the New Testament where Jesus groped women or advocated a rape culture. In fact, all I can find there is that Jesus respected women to a degree unheard of in his society, teaching them and accepting them and recognizing them as having faith beyond many males in his circle of friends.

Hummm ... Jesus taught that a despised outsider was more a person of God than most of the religious “insiders” of his day, and taught that we are to be open to all people. Man, I’m having a really hard time finding anything in the New Testament about building walls, both physically and metaphorically, to keep people out. Can you point me to the passages where you see Jesus doing any of these things? ... I just can’t seem to find them.

Oh ... and Jesus was a person of color. Well, now that is interesting, isn’t it. And all this time, I thought Christians were supposed to follow Christ’s life and teachings. Oh, silly me! Thanks for clarifying for the world that none of that really matters.

Harry Wells, Eureka

Editor:

The people have spoken. They’ve seen through the doubt, fear, and ignorance of all those (presumably well intentioned but sadly misguided) “progressives” and have elected someone to the presidency of the United States of America who really does understand the realities of life; how politics works, how economics work, how nature works, how human beings work, and all that.

He has (well, will have) programs that will deal effectively with all the serious problems we face, and he will have a stellar group of people in there helping him; people with experience and proven judgment like Pence (who will be “in charge of foreign and domestic policy”), Christie (in charge of the transition team), Giuliani (Attorney General), Gingrich (Secretary of State), and the likes of Rove, Ryan and Cruz giving him advice, with Fox, Breitbart, Limbaugh, et al getting the truth out to the citizenry in plain English.

What’s not to like? Everything’s going to be *fabulous*. Watch and see.

Peter Childs, Miranda

Editor:

Judy Hodgson ends her election day piece (“Didn’t See That Coming,” Nov. 10) saying that she “can’t think of a single good thing that can come from the outcome” of this election.

For those of us likewise stunned by the results, there is one very clear and vital “good thing” that can come: We must individually and collectively do everything we can to ensure the safety and well-being of those individuals and groups who were marginalized, and sometimes actually threatened, by Trump and his supporters.

There is much we can do: not through protest marches (which serve their own good purpose) but through direct action to let those members of our community know that they, too, belong here and are welcome.

The concept of “think globally, act locally” has, perhaps, never been more important.

Robert B. Rottenberg, Arcata

Editor:

When truth is distorted or nonexistent is there any wonder why our country is so divided? Hillary was not the only loser in the presidential race; the elite media lost big time. The corruption within the DNC and the equally corrupt former secretary of state are what true journalists dream about. Wikileaks, Project Veritas, and Judicial Watch have exposed the leadership of the DNC (Democratic National Committee) as being racist, corrupt, dishonest and totally disgusting. We find proof the DNC incited riots at Trump events; that our President knew all about Hillary’s private server and used a pseudo name when communicating with her. He told us he found out about it in the papers. The DNC rigged the system against Bernie. The unlawful ‘Pay-for-Play’ scandals of Secretary Clinton have almost eclipsed those that Bill had as President. All this and what does the media run with? Trump is asking Russia to hack us and also telling Second Amendment people to assassinate Hillary.

The political/media complex bias isn’t funny; it’s serious and dangerous. What happened to journalists’ impartiality? Do they have a clue on their responsibility to the citizens? What are they taught? Are journalists so desperate to be part of the elite establishment they are literally jumping in bed with them? Check out how many powerful people in the media are related/married to powerful people in the administration.

The 2016 election saw the media become mouthpieces for the establishment instead of watch dogs for the citizens. It is now up to us to stay informed. We certainly cannot depend on our media. We still have the WEB, even though our president would like to hand it over to the global community where surely free speech will be eliminated. The truth is out there. Unfortunately, we now have to dig for it.

Rick Brennan, Eureka

Shutting Down

Editor:

The incoming Donald Trump administration will ensure the completion of the controversial Dakota Access Pipeline in North Dakota ("We Travel in a Spiritual Way," Nov. 10), the pipeline company's CEO told NBC news in a recent interview.

Before the recent election, I had learned through a quick Google search that Donald Trump is a big investor in Energy Transfer Partners, the Texas based company funding the \$3.7 billion project. CEO Kelcy Warren has since told NBC News that he is "100-percent sure" the pipeline will be approved by the Trump administration, although he hadn't spoken directly to The Donald.

In June, Warren donated \$100,000 to the Trump Victory Fund, a joint fundraising committee for Trump's campaign, and an additional \$3,000 directly to the Trump campaign. For his part, Trump's campaign financial disclosure forms revealed the president-elect's investments totaling between \$500,000 and \$1 million in Energy Transfer Partners, suggesting a possible vested financial interest in the completion of the pipeline. This is very troubling.

The media did not widely report these facts before the election.

It is good to see that the Dakota Access Pipeline project has galvanized young people to stand up for the protection of sacred sites important to the Sioux Nation. Their nonviolent stance honors the ancestors and all Americans. It reminds me of the 1970s when my generation marched in Washington against the Vietnam War.

A quarter voted for him
And a quarter for her,
Half chose neither.

When the body shuts down,
The extremities go first.

Those parts furthest
From our hearts
No longer feel

Who we were...

— Kirk Gothier

I pray the Creator
will watch over
and guide us all. We
will need sturdy
boots and work-
ing brains to get
through the next
four years.

Janet Eidsness,
Bayside

Conditions are Perfect

Editor:

Barry Evans
("Kickstarting Life,"
Nov.10) presented

Steven Benner's theory that life originated on Mars and was transported to Earth via Martian meteorites. I wish to restore some faith in the simpler terrestrial explanation by quoting the following from Wikipedia:

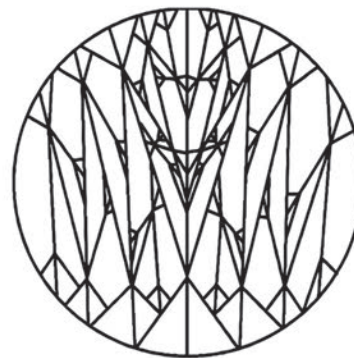
"Benner suggested that Mars may have had more desirable conditions than Earth for the initial production of RNA, but more recently agreed that models of early Earth showing dry land and intermittent water, developed by Stephen Mojzsis, present sufficient conditions for RNA development."

The Earth had such a vast variety of environments and such vast expanses of time that almost any conceivable chemistry would have taken place somewhere at some time. Life did arise, so it was clearly possible.

Don Garlick, Fieldbrook

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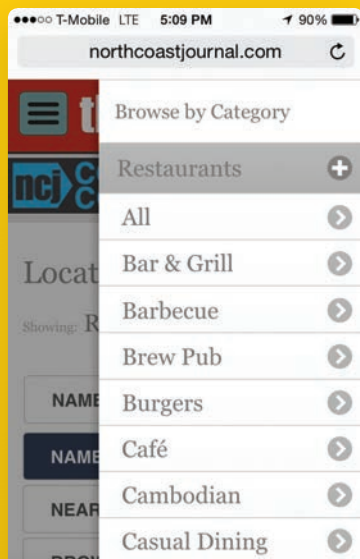
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Media Maven

Smarten Up

By Marcy Burstiner

mediamaven@northcoastjournal.com

Last week, half the nation elected a man who doesn't read over the smartest candidate who has ever run for office.

That it shocked me shocks me. Why the hell didn't I see it coming? As four of our last six presidents, we elected a peanut farmer, a B-movie actor, a guy who had his El Camino in storage during his presidency and a guy in a cowboy hat who spent his vacations whacking brush in Waco. It isn't that Carter or Reagan or Clinton or George W. Bush weren't smart. But they did a good job of hiding it. George H.W. Bush and Obama were flukes; both ran against equally smart guys. I don't think Bernie Sanders or Elizabeth Warren would have won. They are too obviously smart.

I read too much. I tend to mispronounce words — a sure sign, my husband says, that I was one of those nerdy kids in high school with no friends (*he exaggerates, I swear!*). But I understand the unpopularity of the smart kid. In my working class high school, smart kids were segregated and scorned.

The *Journal* asked me to write this column early to discuss the role of the media in the election. I'm getting to it.

I bristle at the term "the media." As a journalist, I'm part of the press. If the press is part of the media, it is a small, and the least influential, part. While the press I'm familiar with — newspapers and broadcast television and online news sites — told a particular story during this election, lots of people never saw that or flat out rejected it.

Here is the difference. The press is made up of people like me. The bigger media is made up of a different crowd. They make me think of a guy I went to high school with — he was quarterback. He was also in all my AP classes. If you weren't in class with him, you'd think he was just another dopey football player. He fit in and was the most popular guy in school.

This bigger media reaches people through talk radio and talk television and television dramas. They might be well read, too, but they know their audience isn't.

There was some excellent journalism

published and broadcast during this election cycle. Because of the reporting from the *Washington Post*, *New York Times* and the *Guardian*, and because of top-notch coverage by television news teams and the political team at National Public Radio, those of us who consumed press coverage were well informed. But just as the press is a small part of the media, those who consume journalism are a small part of media consumers.

Here's the real problem: Over the course of I don't know how long, a giant portion of one part of the media has set out to discredit the small part that is the press. On talk radio and Fox News, you had charismatic people scoffing at the *New York Times* and the *Washington Post* and the TV news teams the way the smart kids were scoffed at in my school.

When I first started teaching mass media theory a decade ago, I began to worry that smart neoconservatives reading media theory would figure out how to con the American people. That's what has happened. There is a landmark study we teach in mass media done during World War II by a sociologist named Paul Lazarsfeld. He surveyed people during a presidential election and found they weren't influenced by what they read but by people they admired. He called these folks opinion leaders.

Where journalists had influence, Lazarsfeld found, was in influencing these opinion leaders. The extreme right figured out a magic formula: You win over the opinion leaders and discredit the press.

We now have a president who won't be influenced by press at all because he doesn't read. What influences this opinion leader? Who knows?

Journalism allowed this to happen by abandoning those who lack a college education. I teach three basic rules in my journalism classes: honesty, clarity and accuracy. I shouldn't have to explain the first. But some people find the prominence of the second surprising. Shouldn't accuracy be second? No. Because there is no point in reporting — and writing and publish-

ing and broadcasting — if your audience doesn't understand what you say. Clarity is crucial.

Read some news stories. Watch some television news. Listen to NPR. They are all scripted by college-educated people for those with college educations. There are times I can't even understand the *New York Times* and I'm from the smarty pants class.

Many students balk at my lesson on clarity. They say I want them to dumb things down. But that implies that people without big vocabularies are stupid. They aren't. They are simply less educated. It's a totally different thing. I know complete idiots who hold doctorates.

I stopped assigning text books in my classes because I found most of them almost impossible to read, written by people who seem desperate to impress the reader with fancy words and long sentences. Students aren't going to read that! Did I really read that stuff in college? How many naps did I take in the library, trying to work my way through dense pages?

Most concepts are not that complicated. Most political ideas are pretty simple. The need to stop climate change is a no-brainer. So is the idea that if you work 40 hours, you should be able to feed your family. Or that two people who work the same job should get the same pay. Why do we complicate stuff? Barack Obama won election on two one-syllable words: hope and change.

If the left wants to take back Congress in two years and the presidency in four, it has to start reaching people who don't read and it has to stop treating them like they're stupid. The press has to fight back against the war on its credibility. But to do that, it has to stop making news and information such a slog.

We need to engage our audiences, not drive them away. We need to wake people up, not put them to sleep. ●

Marcy Burstiner is chair of the Department of Journalism and Mass Communication at Humboldt State University.

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School Bomb Plot Thwarted

According to Police Chief Bill Dobberstein, three short hours are all that stood between Fortuna High School and tragedy. Fortuna police announced Nov. 10 that they had arrested two male 15-year-old students at the school who had been planning a “mass casualty event” to take place during an all-school rally on campus that afternoon.

“It could have been a terrible tragedy if that rally would have taken place,” Dobberstein told the *Journal* this morning. “The whole school was going to be there for this thing.”

The police chief said word of the plot — which the suspects had been planning for some time — came to school administrators’ attention around noon. Dobberstein said one of the suspects in the case had apparently texted a friend, telling him or her to basically “stay out of the gym during the rally.” The friend then told another student, who told another student, who told his or her mother, who called another mother who ultimately called the school and made them aware of the warning, according to Dobberstein.

Fortuna High School Principal Clinton Duey was then able to trace the origins of the warning back to one of the suspects, and brought him into his office. Duey was

able to get the other suspect’s name, Dobberstein said, and brought him into the office as well, holding both suspects there while he called police.

Dobberstein said his department was notified of the situation at about 1:15 p.m. and responded immediately to the school. “It was literally about an hour before the school was scheduled to go to the rally,” Dobberstein said.

The chief said officers searched the students and, in one of their backpacks, found “several components for making some kind of toxic chemical gas explosion devices.” The students were missing a “key ingredient,” Dobberstein said, but police believe they had the missing chemical stashed somewhere on campus, based on witness statements and messages found on the suspects’ phones, tablets or computers. It appears the suspects were planning on making multiple explosive devices with a substance akin to homemade mustard gas, or sulfur mustard, a chemical agent that causes severe burning of the skin, eyes and respiratory system.

“Absolutely more than one,” the chief said. “They had enough material to definitely make more than one.”

As to a motive for the thwarted attack, Dobberstein said many have been “thrown around, but we couldn’t say with certainty

Peaceful Protest



Demonstrators march through Old Town Eureka on Nov. 10, protesting the election of Donald Trump as the nation’s next president. The Eureka protest, and another held the following day in Arcata, were peaceful, with no acts of violence or vandalism reported.

POSTED 11.11.16

— Photo by Mark McKenna

what the motive was at all.” The chief said it doesn’t appear either of the suspects had access to other weapons.

Based on the preliminary investigation, Dobberstein said the suspects may have been planning a mass casualty event for some time and targeting it for “when

there was going to be a large gathering of students and teachers in one place.”

The case remains under investigation by the Fortuna Police Department, the FBI and the U.S. Attorney’s Office.

— Thadeus Greenson

POSTED 11.11.16 READ THE FULL STORY ONLINE.

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Shooting Trial Begins: Attorneys for the family of Thomas McClain alleged the 22-year-old was trying to comply with conflicting directions from multiple officers when he was shot dead in Eureka two years ago during opening arguments in the case Nov. 14. Attorneys for the city argue officers feared for their lives when McClain reached for what they thought was a pistol. POSTED 11.14.16

Peaceful Protests: Hundreds of protesters took to the streets in Eureka and Arcata in the days after the election to denounce Donald J. Trump’s becoming the nation’s president-elect with signs, chants, songs and even a group hug. In contrast to what’s transpired elsewhere, both demonstrations remained peaceful with no acts of vandalism or violence reported. POSTED 11.12.16

MediCal Contracts Continue: Partnership Healthcare, the local MediCal distributor, announced Nov. 9 that the operator of five Humboldt County skilled nursing facilities has rescinded notices cancelling its MediCal contracts. This allows patients to continue receiving care in the skilled nursing facilities, three of which were recently slated for closure until their owner announced only one will be shuttered. POSTED 11.10.16

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Digitally Speaking

660 The number of miles prosecutors believe Robert Durst drove from his Trinidad home to murder Susan Berman in Benedict Canyon 16 years ago. Durst has pleaded not guilty to a murder charge. POSTED 11.13.16

They Said It:

“It treated me like a little, tiny rag doll ... The real thing is, compared to the power of nature, we are insignificant.”

— Eureka Police Chief Andrew Mills talking about being knocked off the North Jetty recently while trying to take pictures of large waves rolling in. Mills urged everyone to heed high-surf warnings. POSTED 11.08.16

Comment of the Week

“I know these kids. This is monstrous.”

— Cecelia Holland commenting on a *Journal* story about two students’ thwarted plot to set off numerous chemical bombs at an assembly at Fortuna High School on Nov. 10. POSTED 11.12.16

Gateway, Drugs

Humboldt's One Log House site might get a classy, cannabis-friendly reboot

By Linda Stansberry
newsroom@northcoastjournal.com

Welp, that happened. California finally legalized recreational marijuana, and, paraphrasing the great hive-mind joke machine that is social media, not a minute too soon! It's a tired joke, because a) Nobody was really waiting for pot to be legal to start smoking it b) There isn't enough weed in the Emerald Triangle to fix the social rifts brought into sharp relief by this national election.

Or is there? The issue of legalization has brought together some strange bedfellows. Locally, law enforcement agencies and small growers both opposed the passage of Proposition 64, albeit for very different reasons. Nationally, both the Green Party and Libertarian Party included legalization in their platforms. And internationally, while Canadians are generally bemused by our sudden interest in their stodgy functionality, Canadian growers are also gleefully looking forward to domination of the world cannabis market, as a Republican-controlled central government is unlikely to decriminalize the plant on a national level anytime soon.

So, to paraphrase a completely different hive-mind, that of my cannabis activist friends, the plant has a lot to teach us. Like, maybe we should all listen to each other a little better, and listen for what we have in common rather than what separates us. It sounds facile, but it can yield some surprising and beautiful results. Just ask the new owners of the One Log House in Piercy.

At first this sounds, too, like a tired joke. The southern gateway to Humboldt County, that storied tourist attraction with the kitschy signage, souvenir shop and tiny home built before tiny homes were cool, may soon feature a dispensary. Every NorHum native that's been bracing for the onslaught of post-legalization tacky crap to storm our borders — visions of Bigfoot holding a bong — could well be letting



Peter Huson (project engineer, One Log, Inc. and Northern Nights), Dan Baleme (previous owner) and Ian Habenicht (CFO, One Log, Inc. and Northern Nights).

Submitted

out a groan of dismay right now.

Breathe. The kids are all right. The new owners of One Log, Inc. are a diverse group of youngish entrepreneurs from So-Hum, NoHum, Mendo and Marin who met through the Northern Nights Festival. The 5 plus acres at the One Log House site, which they took ownership of a little over a month ago, will serve as a home base for the festival organizers.

Peter Huson, project engineer for Northern Nights and co-owner of One Log, says that he and his colleagues were attracted to the area for many of the same reasons traditional tourists visit: Its natural beauty and friendly locals. The festival experience ended up being an opportunity to reach and collaborate with cannabis farmers.

“What we learned from Northern Nights is there’s a deep history here,” he told the *Journal*. “Tread lightly. Respect it.”

Rather than making over the tourist attraction, Huson's group wants to expand its reach and turn it into a community hub.

"It hasn't been a huge spot for the locals," he said. "But we're trying to combine these two things. Old was the redwoods, new is the cannabis."

The group hopes to institute a testing lab once the county permitting process is more clear. According to Huson, that was one of the services most requested by locals. An Amsterdam-style café that highlights local strains might also be in the future for the site, but it's in the far future, according to Huson. The group is still feeling out the permitting process and hasn't submitted paperwork to the county yet. Right now they're focused on getting feedback from locals and making a mean cup of coffee.

So, again, take a deep breath. That cute little log house seems destined to remain a \$1 tourist attraction you can take your kids to visit, and the marijuana makeover of our southern border is probably going to look more European than Trustafarian. The future looks different than we pictured, sure, but it still might look pretty OK.

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President-elect Donald Trump supporter Chris LeRoy, right, explains his position to anti-Trump demonstrator Leon Stewart. LeRoy came to the Gazebo to counter protest a Nov. 10 demonstration against Trump. Stewart, an HSU student, said after their encounter, "It makes me cry as a grown man the way this country is going."

Photo by Mark McKenna

Let's Talk About It

Editor's note: In the immediate aftermath of Nov. 8, it became very clear that people need a safe space to discuss their ideas and feelings, and generally process what was the ugliest and most vitriolic presidential contest in generations. To that end, we reached out to a variety of community stakeholders, people who we felt could help start this important dialogue. The response was overwhelming, and we received far more submissions than we have space to publish. Below, you'll find a few submissions printed in their entirety and excerpts from a handful more. We hope you'll also join us at www.northcoastjournal.com, where all submissions will be posted in their entirety, and we hope you'll join the conversation by commenting online, writing letters to the editor and talking to each other.

— Thadeus Greenson

The Safety Pin

By Leena Dallasheh

I am a woman, an immigrant, a Palestinian, an Arab, and I come from a Muslim culture. Thus, I'm scared. I teach at a public university, where about half our students are first generation students of color. They, too, are filled with anxiety; many

express feeling unsafe in their community and at their university. I'm horrified by the reinvigoration of racism, misogyny and xenophobia that has recently escalated in quantity and severity. Since Trump's election, an LGBTQ man was attacked in California hours after Trump's victory; Muslims are being accosted throughout the U.S.; black students at the University of Pennsylvania were added to a "GroupMe" account to harass students en masse with racial slurs and threats; swastikas were painted on schools and in public spaces; the Ku Klux Klan has announced plans to hold a victory rally in North Carolina; and there have been hundreds of additional reports of racist attacks.

Public expressions of racist and undemocratic attitudes have taken a cue from the rhetoric and policies expressed by President-elect Trump and his allies. And this hate is not simply a residue of the rhetoric of a nasty campaign, now over and soon to be extinguished. For Trump has restated his goal of forcing Muslims to register in a national database, and he continues his anti-immigrant discourse whilst his proposed cabinet looks to undermine core civil rights: Newt Gingrich seeks to reestablish the House Un-American Activities Committee and Rudy Giuliani continues to legitimize his legacy of unrestrained (racist) state policies.

To add insult to injury, Democrats have not protected the vulnerable and soon-to-be disenfranchised masses. Rather than stand by Americans who have been, and continue to be, attacked by Trump and his allies, leading Democrats rushed to placate, calling for bipartisanship and "reaching across the aisle." In her concession speech, Secretary Clinton offered to support Trump "on behalf of our country." President Obama called for support for Trump, stating that "ultimately we're all on the same team." For many of those who are scared for their lives, freedom and jobs, this feels like a betrayal. Where do immigrants, women and people of color stand in Trump's America? After Trump's hate-mongering campaign, and eight years of Republican obstruction of Obama's policies to the point where our government literally shut down, talk of compromise is a slap to our face. Filmmaker Michael Moore's response refuses the platitudes of reconciliation and captures the urgency of the moment: "Any Democratic member of Congress who didn't wake up this morning ready to fight, resist and obstruct in the way Republicans did against President Obama ... must step out of the way and let those of us who know the score lead the way in stopping ... the madness that's about to begin."

Where our highest leaders failed us, our

friends and colleagues are leading the way. Hundreds of thousands of Americans have taken to the street to state that Trump doesn't stand for us. Professors, students, and administrations on campuses across the country are supporting vulnerable communities, insisting on making their institutions safe spaces. Here at Humboldt State University, a student group held a gathering at the quad to offer members of the campus community a supportive space for a traumatized collective. Donations have flooded civil rights organizations. American women have organized a massive post-inauguration march in D.C. Many have volunteered to escort vulnerable people to work and school. Inspired by the British after Brexit, the safety pin is being used as a symbol to protest Trump and to identify "safe allies" who will protect those who feel threatened because of their gender, sexuality, race, religion or disability.

This is where I hold my hope: the knowledge that so many of us chose to stand up to racism, sexism, homophobia and xenophobia. The knowledge that so many of us are committed to protecting those targeted by Trump and his supporters. We are eager to reclaim our democratic space and reestablish a progressive

Continued on page 14 »



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Leena Dallesheh
Photos by Mark McKenna



Andrew Mills



Liz Smith

movement that will safeguard our rights.

We do this because many have struggled long and hard for decades to gain those rights. In mobilization of groups such as the Abolitionist movement, women's suffrage movement, the Civil Rights movement, labor unions and many more, hundreds of thousands have sacrificed to gain and protect freedoms, civil rights, economic equity, reproductive rights, gender equality, freedom of choice and more. All these rights and securities are in danger.

We do all this also because history has taught us that if we stand idly by, we are in danger of enabling the rise of a reign of terror in our country. Just as with lynching in the American South, the rise of Nazism in Germany in the 1930s, Stalin's terror, and Pinochet's murderous regime, people's failure to stand up firmly to evil led to human catastrophes of unimaginable scale. If you think I'm over-dramatizing, ponder Pastor Martin Niemöller's words in the aftermath of the Holocaust: "First they came for the Socialists, and I did not speak out — Because I was not a Socialist ... Then they came for the Jews, and I did not speak out — Because I was not a Jew ... Then they came for me, and there was no one left to speak out for me."

I am committed to speaking out, to challenging Trump's rhetoric and unconsti-

tutional policies, to curbing his supporters' violence and to protecting those who need protection. I invite you to speak out with me to protect our friends, our neighbors, our community, and to realize the potential of democracy!

Leena Dallesheh is an assistant professor of history at Humboldt State University.

Choosing Civility

By Andrew Mills

Last week Americans exercised their constitutional rights to vote and protest, first by electing Donald J. Trump as president of the United States of America and then by protesting his election. America is such a beautiful and complex mystery. At the protest, Eureka police officers stood by watching over protestors, ensuring their rights were protected and that citizens could speak their minds. Most protestors were kind and peaceful. They just wanted to be heard. A few protestors, the same old tired ones, screamed expletives at the police and counter protestors who had shown up.

Here is what protestors did not know: EPD intercepted an online threat from a man who threatened to shoot protestors. EPD developed a two-tiered response: Confront the person who made the threat

and protect protestors, even the ones who curse the police. Eureka, we can respond with anger, vitriol and violence, or we can choose civility. My goal for EPD and Eureka is to choose civility and be a force for good. There are four choices we must make to be a force for good.

Those on the fringe who speak of hate or extremism, be it from the right or left, must be challenged. Yes, it takes courage.

— Andrew Mills

possessing the ability to discuss important topics without going nuclear. Even when we feel strongly about a matter, we can discuss these topics passionately but with the perspective that this is my neighbor, my brother or sister, my fellow Eureka.

We must also confront evil. Those on

We can choose civility. Civility toward our fellow countrymen and women is the byproduct of a healthy society. You and I can make a conscious decision to follow the lead of people like Dr. Martin Luther King, Gandhi, Pope Francis and Rev. Billy Graham.

Part of civility is

the fringe who speak of hate or extremism, be it from the right or left, must be challenged. Yes, it takes courage. Doesn't it always take courage and personal risk to take a stand? Recently, a student at Baylor University was pushed and called the N-word. More than 300 students showed up to walk her to her class, as they locked arms and sang "Amazing Grace." Others confronted the aggressor. They told him racism is not accepted at Baylor. That is a powerful demonstration of how to confront evil. When a police officer in Urbandale, Iowa, was murdered, a black woman brought water to a white police officer standing a traffic post. She hugged him. They cried together. Through a simple act of targeted kindness, they confronted an evil that tried to divide them. You and I must stand united against racism, sexism and anarchist extremism. These ideologies have no place in a civil society.

We can invite the vulnerable to our dinner table. There are many who feel unwelcomed to the table of prosperity and public acceptance. We can consciously make a decision to be inclusive. Not in a sappy way, but in a real, tangible and substantive manner. An approach that creatively uses the strength of our differences to strengthen the fabric of this community. My mother was a young Jewish girl in post-World War II America. It was those



Tamara McFarland



Scott Greacen

who included her and loved her who helped heal the wounds of the anti-Semites who call her a “dirty Jew.” Certainly it takes work on both sides, but should not the strong willingly offer a hand of hope to those more vulnerable?

We also must be honest with one another. This is the tough part. Too many people take cheap shots at one another using destructive and corrosive language to those simply expressing their opinion. Others cannot handle even small amounts of earnest debate. Our community cannot get past this current schism until we choose to speak openly, honestly and directly to one another. We must not only speak, but listen, and try to understand another point of view. Humboldt, we should evaluate a position on the quality of the argument, the method in which that message was delivered, and the passion possessed for our fellow neighbors.

This is what I believe will help heal our city, county and nation. This is how we become a force for good and not evil. The choice is ours, Eureka, Arcata, Fortuna, and the rest of Humboldt County. Can we be civil, confront evil, practice inclusivity and speak honestly? The unity and livability of our community depends on it.

Andrew Mills is the chief of police in Eureka.

Promises and Priorities

By Liz Smith

In my 20-year history as a voting citizen, this recent presidential election is the most vitriolic, violent and violating I have participated in.

It is easy to point out the glaring divisions and painful realities this election has surfaced in our nation and I hope to instead point out the commonalities it has highlighted.

Both Bernie Sanders and Donald Trump gained incredible popularity during this election. While they could not be more divergent in their policy views, they both represented non-status-quo candidates, with common messages around the need to change the way Washington operates in efficiency and policy execution. They both reached out to factions of our country that often go ignored and unappreciated, spoke to the corruption of Washington and “bought” politicians, addressed the need to encourage fair trade and invest in crumbling infrastructure like roads, bridges and tunnels. Ultimately, the Democratic Party found Bernie to be the riskier choice and promoted Hillary Clinton, leaving Trump to continue the rallying cries for

Continued on next page »

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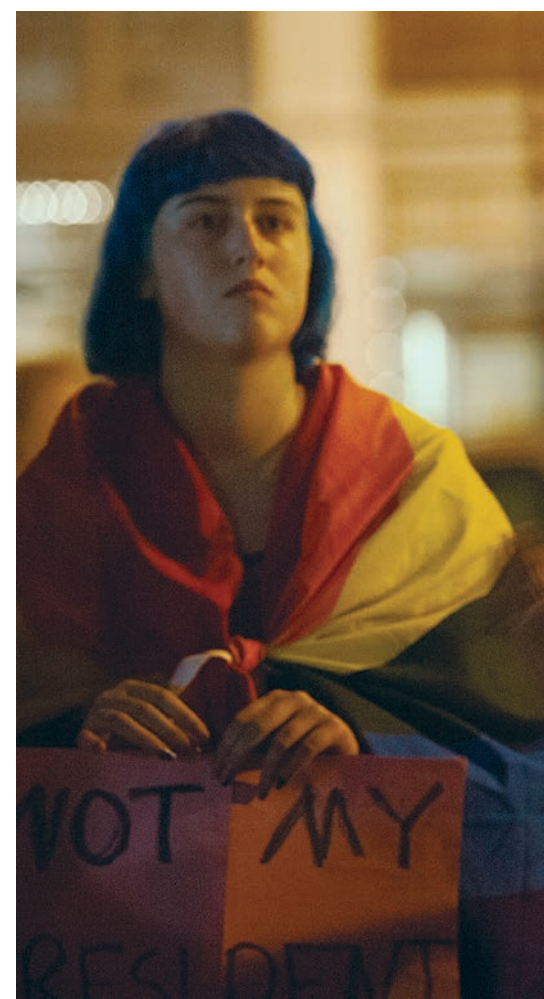
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On the Cover

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the underserved.

Regardless of who was to win the right to be Commander in Chief, our nation would show the need for healing and reconciliation. It is clear that the majority of Americans feel disenfranchised, demoralized and disheartened with our current political system, as emphasized by the election of the first president to have never held a political office and the number of Americans who elected not to vote due to voter suppression or apathy. We find ourselves in an America even more frightening immediately post-election than what was present during the election cycle. Riots and demonstrations continue to take place and heat up in major cities and urban centers, incidences of racial violence are taking place in schools locally and nationwide and there are even reports of a group in Arcata handing out fliers with the names and addresses of ethnic minorities and gay people to be targeted.

So how do we move forward as a diverse people, with seemingly competing desires, erupting anger and needs to exercise power? How can our government operate in a way that is more inclusive and accountable? And how can otherwise disparate faith-based and secular entities come together to provide healing and reconciliation? These are questions that I hope all of us will take time to reflect

upon and address. Fueling the fires of anarchy and disconnectedness hurts all of us, our financial stability and political capital in the world, the cohesiveness of our neighborhoods and communities and the effectiveness of our schools. Although the "American Dream" may no longer be a common one, I do hope that most Americans can agree that the core tenets that our nation was founded upon are exemplary goals to aspire to and hold President-elect Trump and all of our elected leaders accountable to.

Looking at the Declaration of Independence, I am particularly struck by the following passage: "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. ... That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed." How can our next president ensure that all men and women are viewed and treated equally, endowed with the rights of life, liberty and the pursuit of happiness? And how can each of us aspire to these ideals without violating others?

These next four years will undoubtedly be transformative ones for our nation and ones in which I hope all of us take a new-

found interest in the policies and practices that affect us all, that we each engage in the democratic process thoughtfully and justly, with particular attention to how our speech and actions impact those in our local and global communities.

I will conclude this op-ed with a quote from comedian Dave Chappelle, who hosted the first Saturday Night Live after the election. Chappelle, an African American Muslim, said the following with regards to the election of our 45th President, "I'm going to give him a chance, and we, the historically disenfranchised, demand that he give us one, too."

Excellent words to live by and a helpful reminder that, during these tense times, it does not hurt to laugh at every opportunity given!

Liz Smith is the executive director of the Boys & Girls Club of the Redwoods and first vice president for the Eureka Chapter of the NAACP.

From 'Humboldt After Trump'

By Mitch Trachtenberg

Humboldt after Trump? It's gonna be huge. We've got the best timber, the best pot, the best pot and world-class, terrific

pot. Absolutely the best, and nothing but the best. Now we've got the world's best negotiator as president and he's a celebrity, too, and Humboldt pot and Humboldt trees will be getting exported so fast. So fast. It'll be terrific.

He's gonna force Humboldt old growth down the throats of the Chinese, and the Russians are going to take it just because they love him so, so much. The ships sailing out of Humboldt Bay are going to be so heavy some would sink, except they'll be afraid to sink once President Trump is in charge. Physics is overrun with liberal, can't-do, end-of-the-world-spouting losers, and we don't need their negativity any longer. Anybody sinks a ship, we just torture 'em to find out why.

Every formerly unemployed timber worker is going to be hard at work cutting in Redwood National Timberland, and that's going to mean two years of big, big money for workers. Why only two years? Maybe all the timber will be gone in two years, or maybe the robotic trucks and tree-felling systems will be ready in two years. Who knows? It's two more years to learn how to code, so make good use of it, boys.

Pot's gonna be huge. You think the market's big now — Trump's going to have the Mexicans buying Humboldt pot. It's true — believe me, believe me! The Arab



Far left: Jessica Oliver, center, came to the Nov. 10 anti-Trump demonstration in Old Town to help get the word out and to show love and support, saying that everyone has a voice.

Photo by Mark McKenna

Left: Ashley Storms, a wildlife and studio arts major at Humboldt State University, tells the crowd of demonstrators about an incident the day after the election. Storms said that, while walking to her car to retrieve a notebook, she noticed two white men looking at her. As she continued walking, one of the men said, "There's one nigger I could grab by the pussy." "We have come too far for people like me to be this afraid," Storms said.

Photo by Mark McKenna

states and North Korea, too: His foreign policy is going to be to stone them out of the bomb age. You ever see an ISIS fighter look stoned?

For foreign aid, Trump's going to provide free coupons to Humboldt's casinos, because the president feels for his Native Americans and knows that entrepreneurial gaming centers can do for them what they did for Atlantic City, at least until the third bankruptcy.

With all that pot getting grown legally, Humboldt's gonna be rolling in the sort of money we used to associate only with Irish potato farmers and Appalachian whiskey bottlers. There's going to be jobs, jobs, jobs.

Mitch Trachtenberg is a local programmer and freelance writer. Read his full submission at www.northcoastjournal.com.

From 'Take Hold of It'

By Dana Silvernale

In spite of our dark history, past and present, there is a light in Humboldt County that sets the hills aglow and brings out the very best in humanity. It is the coming together of the many who care, who seek peaceful and just solutions, who

have the courage to hold the line, and to demand more. It is the return of Indian Island to the Wiyot tribe and the Honor Tax, initiated by Seventh Generation Fund, Democracy Unlimited, and the Humboldt Greens. It is the universal support in our community for Standing Rock and the convergence of HSU students with 150 Arcata High students who walked out of class to join in peaceful protest of the worst president-elect in modern American history.

There is an awakening afoot in Humboldt County, and we need to grab hold of it, to take back the power that complacency and fear have compromised and forge it into a new and lasting revolutionary movement of like-minded people working together in coalition.

Dana Silvernale chairs the Humboldt County Green Party. Read her full submission at www.northcoastjournal.com.

From 'Bridging the Divide'

By Allan Dollison

Much has been written that the Republicans will now have the votes and

Continued on next page »

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On the Cover

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Demonstrators leave the Humboldt State University campus headed for the Arcata Plaza.

Photo by Mark McKenna



the president to overturn the Affordable Care Act, aka Obamacare. There is much fault to find in this law but many probably do not know that the brand new and modern Open Door Community Health Clinic in Eureka was built through funding from Obamacare. Many county residents are also receiving MediCal, the insurance for the poor in California. A repeal could endanger the increased funding stream for that program. If the law is repealed, it will affect a great many of the county's citizens who received MediCal through the law.

Finally, Mr. Trump promised increased resources and the best care possible for Veterans. The Eureka VA clinic has one of the largest patient bases of any healthcare clinic in the county. Many veterans criticize the care they receive. Additional resources would come in handy, and the county's veteran population would probably wholeheartedly endorse those proposals.

Allan Dollison is a private defense attorney and former prosecutor who is currently deployed in Kabul, Afghanistan with the U.S. Army Reserve. Read his full submission at www.northcoastjournal.com.

From 'Aftermath'

By Scott Greacen

I thought Proposition 64 was ultimately likely to help our watersheds, mostly by leading to an earlier end to federal prohibition, and thus to a collapse of the black market for illegal weed. ...

But of course young people and brown people and queer people and alive people across America are going out of their heads with fear and loathing now.

— Scott Greacen

But Trump's election, and the resulting lopsided GOP control of all three branches of the federal government, changes everything, and nothing for the better. The toxic combination of law-and-order rhetoric and racism, which has always been the not-so-secret recipe of marijuana prohibition, has just propelled to unchecked power a government far more ideologically extreme than any in American history.

Strong support for the Trump campaign

from generally prohibitionist law enforcement, from the Border Patrol to beat cops to the supposedly nonpartisan head of the federal political police, who arguably threw the election for Trump in direct violation of the Hatch Act, doesn't suggest any easing of drug paranoia.

But of course young people and brown people and queer people and alive people across America are going out of their heads with fear and loathing now. At least some of them are gonna' wanna' smoke some weed. I know how I got through the Reagan years, anyway.

So there will still be a big national market for Humboldt pot, and quite possibly federal price supports, which will send more transporters and retailers to prison, but make more growers rich. The Green Rush will continue, largely unabated, across the Emerald Triangle. Given the studied indifference of county authorities to illegal development driven by the thirst for weed profits, the only real limit in sight seems to be the ability of Humboldt County's land speculators to split up and sell off more parcels to the endless stream of would-be pot profiteers. They'll take a while to run out.

For many in Humboldt, it'll be great. County supervisors can join in the populist plutocrat moment by pleasing both their speculator allies and their customers,

the green rushers, now also becoming campaign contributors. *The North Coast Journal* will enjoy plenty of ad revenue. For fish, and people who prefer to live in a community that isn't overrun by thugs, maybe not so great.

Scott Greacen is the executive director of Friends of the Eel River. Read his full submission at www.northcoastjournal.com.

From 'Engage, Engage, Engage'

By Tamara McFarland

One thing is painfully clear — we can't look to our newly elected national leadership to save us from the climate crisis, or to lead the way toward justice and equality. We're on our own. This is The People's fight now.

Critically, each and every one of us must plug in however we can. This is no time for standing on the sidelines. Engagement will look different for everyone, but it's vital that you, yes-YOU, do engage, in whatever ways make sense to you. Here is a list, by no means exhaustive, to spark your own ideas and plans.

Change Begins At Home:

- Plant a garden or connect directly with



Keenan Hilton addresses a crowd of more than 200 at a Nov. 11 protest in Arcata.
Photo by Mark McKenna

- local farmers.
- Turn off lights and electronics when you're not using them.
- Install solar panels on your home (cheaper and easier than ever).
- Divest from fossil fuels and the associated banks.
- Walk, bike, carpool or use transit instead of driving alone.
- Support local nonprofits.
- Check in on a neighbor or visit a nursing home.
- Visit a place of worship that's not your own.
- Ditch mainstream media — U.S. corporate media is complicit in what has gone wrong. Find and support reputable alternative sources for news such as Democracy Now, the largest public media collaboration in the U.S., which refuses both corporate and government funding.
- Think about the vulnerable people in your life, and ask them what they need to feel safe. Then fight for that.
- Engage With Movements:
- Wear a Black Lives Matter or Native Lives Matter shirt — especially if you're white.
- Attend a protest.
- Go to Standing Rock.
- Write a letter to the editor.
- Donate to NAACP, ACLU, Planned Parenthood, 350.org, etc.

- Join a group — the North Coast People's Alliance, the Humboldt Democrats, the Humboldt Green Party, True North, Humboldt Move to Amend, etc.
- Start a group — one is in the works for SURJ (Showing Up for Racial Justice) in Humboldt — how about a local chapter of 350.org or Black Lives Matter?
- Engage With Politics:

- Find out who your state and local representatives are, and let them know what's important to you.
- Serve on a school board.
- Attend a city council meeting, county supervisors meeting, school board meeting or local partisan central committee meeting. Listen closely and use your voice.
- Run for office or volunteer for a quality candidate you believe in.

We're on
our own.
This is
The People's
fight now.

— Tamara
McFarland

Tamara McFarland is a steering committee member of the North Coast People's Alliance. Read her full submission at www.northcoastjournal.com.



Home & Garden

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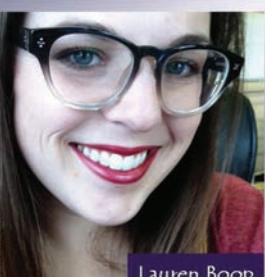
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Sweet and spicy change-ups from coffee.
Photo by Jennifer Fumiko Cahill

A Warm Fall

Healthy treats for cutting back on coffee

By Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

While outside deciduous trees are shedding their extra leaves, inside we're bundling up in sweaters and putting an extra quilt on the bed. Fall is upon us in Humboldt County, a season during which retreating into warm homes to escape the chill is a perfectly good hobby. To up your game, add a comfy armchair, good book and steamy mug of something warm, healthy and delicious.

Lately, it seems like everyone I know is trying to cut back on coffee. Mind you, I've hardly gone a day without the black sauce since adolescence, but I'm very familiar with the many benefits in decreasing caffeine intake. Cutting back on your daily fix often results in better mood regulation and sustained energy levels. Sounds good, right? Rather than using deprivation as a torture device, I like treat myself to healthy coffee alternatives that double as a great afternoon snack, like the recipe

below for homemade hot chocolate with a hit of spice.

There's also golden milk. Widely consumed across many Asian countries, it's a wonderfully restorative beverage replete with health benefits. Scientific studies are finding what Ayurveda, India's ancient system of medicine, has known for years about the healing powers of turmeric root. Whether consumed fresh or ground into powder, turmeric has anti-inflammatory properties that are beneficial for everything from a sore back to arthritis. According to the Mayo Clinic's website, while not conclusive, some ongoing research "suggests that curcumin," which is found in turmeric, "may help prevent or treat cancer." In a less scientific study, my neighbor reports significant improvement in mental clarity on days when she drinks golden milk. I find it wonderfully soothing on my overly caffeinated digestive system.

Continued on next page »

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Table Talk

Continued from previous page

Spicy Hot Chocolate

1 ¼ cup milk of your choice
1 tablespoon dark chocolate chips
1 tablespoon cocoa powder
1 tablespoon brown sugar, honey or maple syrup
1 dash of ground cinnamon
1 dash of ground cayenne pepper (to taste)

Combine the ingredients in small saucepan over low-medium heat. Stir with a whisk until the chocolate chips have melted. Don't bring the liquid to a boil but make sure it gets steaming hot. Pour the contents into a blender and blend for 20 seconds. Pour it back into your favorite mug and enjoy a rejuvenating and frothy cup of cocoa that would make any barista proud.

Golden Milk

Make a batch of golden paste ahead and store it refrigerated for up to five weeks. Use it to whip up a fresh cup of golden milk every time. I recommend using non-dairy milk.

For the golden paste:

½ cup turmeric powder
1 teaspoon ground ginger
½ teaspoon ground black pepper
½ - 1 cup water (as needed)
¼ cup organic coconut oil

Combine the turmeric, ginger, black pepper and water in a small saucepan. Starting with ½ cup of water, stir over low-medium heat and add more water as needed to turn spices into thick, mustard-colored sludge (3 to 5 minutes). Remove from heat and add the coconut oil. Stir well until the oil is completely incorporated and refrigerate the mixture in a glass container or jar.

To make golden milk:

1 ¼ cup milk of your choice
¼ - ½ teaspoon golden paste
1 tablespoon honey (to taste)

Combine the ingredients in small saucepan or microwaveable mug. Heat the milk over medium-high heat, stirring until the golden paste dissolves. Add honey according to your preferred sweetness. Turmeric is strong, so if it's a new flavor for you, start with less paste. For an extra treat-yourself factor, put the entire drink in a blender for 20 seconds before pouring it into your favorite mug.

It's Getting Darker

By Andy Powell

thesetlist@northcoastjournal.com

Pessimism had a good year in 2016. With an unreal election finally behind us, one that throve on negativity and peddled as fact the idea that we were all living in utter squalor and shame, few of us would dare call 2016 The Best Year Ever. On the music front, we've lost some amazing artists who have added depth and meaning to many of our lives. The list includes Paul Kantner, David Bowie, Prince and Glenn Frey, among so many others. As I write this column on Sunday the 13th, I hear Leon Russell just passed away. Leonard Cohen just left us a few days ago, as well. This is, of course, sad news but it's been heartening to find out how many Leonard Cohen fans are out there. Although known by millions, Leonard — much like Leon — never quite had the commanding rock star press existence others had.

Like Bowie, Cohen left us with a brand new album right before he died. With a perhaps fitting title, *You Want It Darker* is an album I'm still unpacking. It is — after a few listens — beautiful and haunting with delicate darkness swirling around Leonard's baritone. As poetic, insightful, melancholy and minutely frightful as any of his other work, it's a wonderful reminder that musicians may leave the stage but their art never fades. They may leave us but they'll never leave us alone. As Cohen sings on this title track, "If you are the dealer, let me out of the game ... If you want it darker, we killed the flame."

Thursday

Ease into your weekend tonight up in occasionally sunny Blue Lake at the Mad River Brewery and Tasting Room with local bluegrassers the **Compost Mountain Boys**. You've seen and heard them before, and you've probably gotten down and danced to 'em. Here's your chance again around 6 p.m. for free. Also in Blue Lake, a celebration of Kate Martin's fourth year of owning and running the world famous Logger Bar. I remember my first visit there more



Rising Appalachia plays Arcata Theatre Lounge on Thursday, Nov. 17 and Friday, Nov. 18 at 9 p.m.

Photo courtesy of the artists

than a decade ago and outside of only sticking around for a few minutes, I recall not being able to find any James Brown on the jukebox. Come to think of it, the jukebox was pretty white and country and western exclusive. Fast forward to the bar's transformation into a hipper, cleaner, warmer community center of sorts. You can thank Kate for a fabulous facelift of the old joint and the community that came together to help make the Logger one of Humboldt's gems in the rough. To celebrate this anniversary, you'll be treated to free live music from **The Living Rooms** around 7 p.m. As mentioned in last week's column, **The David Nelson Band** (sans David Nelson) is jamming again with **Vince Herman** at Humboldt Brews at 8 p.m. It's a \$30 ticket price for this one. Wear your nicest — or most introspective — shoes to The Jam tonight as you'll be treated to some shoegaze courtesy of **Persephone** and some garage pop from **Al Gorgeous** starting around 9 p.m. tonight all for only \$5. "All black dress code is STRONGLY encouraged but not enforced" for this one. And hey, we're all mourning something, right? Or forget the black and pretend you're still at Burning Man in your best super-expensive, apocalyptic *Mad Max* rags to the Arcata Theatre Lounge for the first of two nights of **Rising Appalachia**. The band, comprised of songwriting sisters Leah and Chloe, return to Humboldt to share their songs, stories and "devotion" to world culture. Expect folk music roots with a sincere devotion to social justice and such in their songs. \$28 at the door around 9 p.m.

Friday

Country rockers **Cadillac Ranch** kick off the evening at the Mad River Brewery Tasting Room tonight starting around 6 p.m. for free. Also free is the grand opening this evening of Fit Norcal at its new location at 1049 Samoa Blvd. in Arcata. There's an obvious focus on fitness and healthy living, but feel free to go for the booze and live music. Ribbon cutting is at 6:30 p.m. with music following by local cover band **The Undercovers**. A few blocks away, you'll find a Dead tribute at The Jam. **Hardly Deadly** brings the Dead to The Jam and the jam to the Dead, I hear. It's at 9 p.m. and \$5 for these jams at The Jam. Out of Chicago, funksters **The Main Squeeze** are here to convince you that the juice is, in fact, worth the squeeze. Winners of an international battle of the bands in China, these folks have opened for The Roots and Jane's Addiction, so they know what they're doing. You'll find the Squeeze at Hum Brews tonight at 9:30 p.m. for \$10. Welcome them to Humboldt.

Saturday

In the event you thought Humboldt was done raising funds and showing support for the Dakota Access Pipeline protests, you've got another thing coming. At The Mateel in Redway at around 6 p.m., you'll find the *Humboldt Stands with Standing Rock* benefit featuring speakers who have been on the front lines of the protests. What's a benefit without music though, right? **Recycled Youth** is joined by **Govinda**, **Marjo Lak**, **Cold Blue Water**, **Irie Rockers** and the

Altar Tones, all showing support. You can get in the door and add your support for \$25. Around the same time, the **Opera Alley Cats** will be playing some jazz up at the Mad River Brewery Tasting room for free. Humboldt Brews hosts something far less jazzy tonight: Originally formed in Orange County back in 1979, punk rockers **Agent Orange** join us on the North Coast. Opening for these punk legends is **Atom Age**, starting the show off around 9:30 p.m., all for only \$15.

Wednesday

Back to jazz. Many of you are no doubt familiar with local jazz heads the **RLA Jazz Trio**. Named after Tim Randles, Mike LaBolle and Bobby Amirkhanian, this trio is a powerhouse of talent and technical skill. Sadly, it sounds like after tonight's show, only the R and L will remain in the band for the time being. Bobby is starting a new chapter of life in Las Vegas, so this will be his last show with the trio. Make sure you check this final performance out and thank Bobby for ripping the bass these past 10-plus years here in Humboldt. The trio will start around 6 p.m. at the Mad River Brewery Tasting Room for free. ●

Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Andy Powell is a congenital music lover and hosts *The Night Show* on KWPT 100.3 FM weeknights at 6 p.m. He's still searching for that secret chord.



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Live Entertainment Grid

Music & More

ARCATA & NORTH

VENUE	THUR 11/17	FRI 11/18	SAT 11/19	SUN 11/20	M-T-W 11/21-23
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	Rising Appalachia 9pm \$40 both days, \$28	Rising Appalachia 9pm \$40 both days, \$28		<i>The Iron Giant</i> (2016) 6pm \$5	[W] Sci Fi Night ft. <i>The Magic Sword</i> (film) 6pm Free w/\$5 food or beverage purchase
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free	Big Mama Acid & the Cosmic Argonauts, Wreckage TBA (psych, punk) Free		Jazz Jam 6pm Free	[M] Trivia Night 7:30pm Free [W] Local Music Showcase 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, 668-9770	Karaoke w/KJ Leonard 8pm Free	Dr. Squid (dance, rock) 9pm Free	Blue Rhythm Revue (R&B, soul, funk) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2013 1631 Central Ave., McKinleyville		Karaoke w/Rock Star 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Christina D'Alessandro and the Northcoasters (dance, rock, pop) 9pm Free	Dr. Squid (rock, dance) 9pm Free	Karaoke w/DJ Marv 8pm Free	[T] Karaoke w/DJ Marv 8pm Free
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	Legends of the Mind (blues, jazz) 6pm Free	Kindred Spirits (bluegrass) 10pm Free			[M] Savage Henry Stand up Open Mic 9pm Free [W] Pool Tournament & Game Night 7pm Free
FLDDBROOK MARKET & EATERY 4636 Fieldbrook Road, 839-0521		Thieves (rock) 7:30pm Free			
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	David Nelson Get Well Harvest Tour 8pm \$30, \$25 advance	The Main Squeeze (funk) 9:30pm \$10	Agent Orange, Atom Age (punk) 9:30pm \$15		
THE JAM 915 H St., Arcata 822-4766	Persephone, Al Gorgeous (gothic new wave, garage rock) 9pm \$5	Hardly Deadly (Grateful Dead tribute) 9pm \$5		Deep Groove Society SUNDAZE 10pm \$15	[T] Savage Henry Comedy 9pm \$5 [W] Jazz at the Jam 6:30pm Free The Whomp (DJs) 10pm \$5
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free		Tim Randles (jazz piano) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LIBATION 761 Eighth St., Arcata 825-7596	Claire Bent (jazz vocal) 7pm Free	Hall, Engleman and Lang (jazz) 7pm Free	Jim Silva (guitar) 7pm Free		

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VENUE	THUR 11/17	FRI 11/18	SAT 11/19	SUN 11/20	M-T-W 11/21-23
LIGHTHOUSE GRILL 355 Main St., Trinidad 677-0077				Tony Roach (croons standards) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	4-Year Re-opening Celebration w/The Living Rooms (Americana) 7pm Free	Kindred Spirits (bluegrass) 9pm Free		Potluck (food) 6pm Free	
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	The Compost Mountain Boys (bluegrass) 6pm Free		Opera Alley Cats (jazz) 6pm Free		[T] Holly and the IV (eclectic instrumental) 6pm Free [W] RLA Jazz Trio 6pm Free [M] Karaoke 9pm Free
THE MINIPLEX 401 I St., Arcata 630-5000			Electro-Concepts with JBUK and NIXH ("electrodelic") 9:30pm Free		[T] Salsa/Cumbia DJ - Pachanguero 9pm Free [W] Humboldt Free Radio Alliance (HFRA) Benefit 10pm [T] Human Expression Open Mic 7pm Free
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic 7pm Free			[M] Dancehall Mondayz w/Rudelion 8pm \$5 [M] Shuffle Board Tournament 7pm Free
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					
REDWOOD CURTAIN BREW 550 S G St. #6, Arcata 826-7222	Comanche Joey 8pm Free		Noble, Reggae DJ 8pm Free		
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Ray 10pm TBA	DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	Thursday Night Bluegrass 8pm Free	Jimi Jeff (acoustic) 9pm Free	Jim Lahman Band (blues, funk) 9pm Free	Trivia Night 8pm Free	[M] Karaoke with DJ Marv 8pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Masta Shredda 10pm Free	DJ Ray 10pm Free		[T] Bomba Sonida w/DJ Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free
WESTHAVEN CENTER OF THE ARTS 501 S. Westhaven Drive 677-9493		Jazz Series ft. RLA with Jon Lewis 7pm \$5-\$10 sliding scale			



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Arcata and North on previous page
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VENUE	THUR 11/17	FRI 11/18	SAT 11/19	SUN 11/20	M-T-W 11/21-23
BANANA HUT 621 Fifth St., Eureka 443-3447		Latino Night with DJ Pachanguero 10pm Free			
BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO HOTEL 11 Bear Paws Way, Loleta 733-9644	Karaoke w/Casey 8pm Free	The Mojo Rockers (blues, funk) 9pm Free	Nighthawk (pop, rock, dance) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CHAPALA CAFÉ 201 Second St., Eureka 443-9514		Live Music 6pm Free	Live Music 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Brian Post and Friends 7pm Free	Cliff Dallas and the Death Valley Troubadours (outlaw country) 9pm Free	Bandoloko (rock) 9pm Free		[T] Anna Banana (blues) 8pm Free [W] Comedy Open Mikey 9pm Free
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free		Chuck Mayville (classics) 6pm Free		
GARBERVILLE THEATER 766 Redwood St. 923-3580				Open Mic 7pm \$5	[T] Open Mic 7pm \$5
LIL' RED LION 1506 Fifth St., Eureka 444-1344			Karaoke 9pm Free		
MATEEL COMMUNITY CENTER 59 Rusk Lane 923-3368		Mateel Forever Dinner and Cabaret 5pm \$200	Humboldt Stands with Standing Rock 6pm \$25		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 6:30pm Free		John Nelson Band (folk protest) 7pm Free		
PEARL LOUNGE 507 Second St., Eureka 444-2017	DJ Pressure (DJ music) 9pm Free	Dub Cowboy (DJ music) 10pm Free	Fuego Gabe Pressure (DJ music) 10pm Free		



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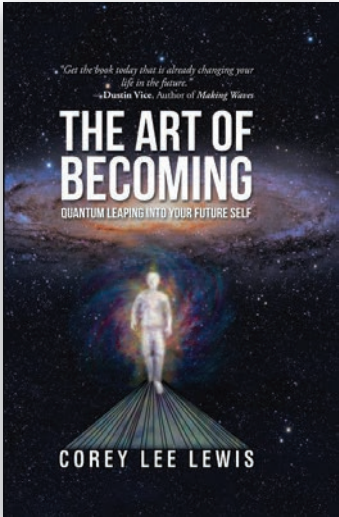


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RLA Trio plays its last gig at Mad River Brewing Co. on Wednesday, Nov. 23 at 6 p.m.
Photo courtesy of the artists

VENUE	THUR 11/17	FRI 11/18	SAT 11/19	SUN 11/20	M-T-W 11/21-23
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131				Sonido Panchanguero 9pm Free	
SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778			Fetish Night Spankgiving 9pm \$5		
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues)9pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] Ultra Secret (jazz) 8pm Free
STONE JUNCTION BAR 744 Redway Dr., Garberville 923-2562	Upstate Thursdays (DJ music) 9pm TBA				[M] Pool Tournament 8:30pm \$10
SUSHI SPOT MCKINLEYVILLE 1552 City Center Road 839-1222					[M] Anemones of the State (jazz) 5pm Free
TIP TOP CLUB 444-2244 6269 Loma Ave., Eureka				Night Moves at Club Expression (DJ music) 9pm Free	
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			



In his new book, “**The Art of Becoming**,” life coach Corey Lee Lewis, Ph.D, explains a technique, called quantum leaping, that sends him forward in time to meet and learn from his future self. This practice has changed Dr. Lewis’s life.

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Corey Lewis is a former Humboldt State University professor, life coach and regular host of classes on MindBody Mastery techniques in Arcata.

Book signing and Presentation

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Calendar

November 17 - November 24, 2016



Courtesy of the artists

Bring the swank. The **Mateel Community Center** gets a 1930s vaudeville cabaret makeover for its **Mateel Forever Dinner & Cabaret, Friday, Nov. 18 at 5 p.m.** (\$200). The membership drive event features a nine-course dinner complete with champagne, wine and aperitifs, plus entertainment by Vaud & the Villains, a 19-piece New Orleans-style orchestra and variety show.



Photo by Sean Jansen

Earn some shred cred at the **second annual Waves-giving Surf Contest on Saturday, Nov. 19 from 7 a.m. to 5 p.m.** at **Trinidad State Beach** (\$50 to surf, free to watch). The open shortboard surf contest showcases some of the county's best surfing, features a pretty swell raffle and benefits Humboldt County's Food for People.



Photo by Noah Siegel

Fungi fans, cap off your week with a trip to the **37th annual Mushroom Fair on Sunday, Nov. 20 from 11 a.m. to 4 p.m.** at **Redwood Acres Fairgrounds** (\$3, \$1.50 kids 12-16, free to kids under 12.) Learn about mushroom edibility, toxicity and ecology. Bring your own 'shrooms to identify and take home a cultivation kit.



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T-Day in T-Minus 7, 6, 5 ...

Thanksgiving is a week away, and if you haven't started already, it's time to prepare. No, I don't mean putting on your suit of armor and heading to WinCo for skillful cart maneuvering and last-can-of-green-beans battling (it's a thing). I'm talking about getting your body in shape for gluttony's biggest day. Your stomach's not going to stretch itself. Thankfully, there are a couple of events to prime you for all the prime rib, turkey, ham, rolls, potatoes, casseroles and pie in your near future.

First is **Taste of the Holidays on Thursday, Nov. 17 from 5 to 8 p.m.** at the **Arcata Community Center** (\$30). Eat and mingle at this popular kick-off to the holiday season hosted by **Rotary Club of Arcata Sunrise**. Sink your teeth into some of Humboldt's finest offerings from local food-producers like Cypress Grove Cheese, Los Bagels, Tomaso's, North Coast Co-Op, Bless my Soul Café, Blackberry Bramble, Ramones, Wildberries and more.

Next up is the **Manila Community Thanksgiving Dinner, Saturday, Nov. 19 from 3 to 5 p.m.** at the **Manila Community Center** (free). Consider it a delicious dress(ing) rehearsal for your own family gathering or a chance to eat, drink and not discuss politics with fellow community members — without the hassle of cooking and cleaning. Although volunteering to help feed others at another event is a great way to pay it forward.

— Kali Cozyris



Submitted

Stand up for the Sacred

If the movement happening at Standing Rock has been calling to you but you can't make it there, or if you want to know more about what's taking place and lend your voice, join with others in solidarity and support at **Humboldt Stands with Standing Rock on Nov. 19 from 6 p.m. to 1:30 a.m.** at the **Mateel Community Center** (\$25, \$20 advance, free for kids under 12).

Hosted by **Fraktal Productions** and **Burningleaf Productions**, this benefit raises funds and awareness supporting actions against the Dakota Access Pipeline at Standing Rock, North Dakota. The event features **speakers** from the **Hoopa, Yurok and Karuk tribes** who have been on the front lines at Standing Rock, as well as a **live feed and dialogue** from Thomas Joseph II, a Hoopa tribal member on site. Donating their time and talents are performers **Recycled Youth** with music by **Govinda, Marjo Lak, Cold Blue Water, Irie Rockers** and the **Altar Tones**. There is also a **silent auction, slide show** and a **dinner** of vegetarian or meat tacos, or salmon available for purchase, as well as a full bar.

Cash raised at the event will go toward feeding and helping with legal challenges for people who are fighting to protect water, the environment, human rights and religious freedom. There is something you can do right here in Humboldt: Come out to the Mateel and stand up for Standing Rock.

— Kali Cozyris

17 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

BOOKS

Library Book Sale. 7:45 a.m.-8 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Choose from thousands of hardbacks, paperbacks, magazines and videos, including first editions, rare titles and historical 19th century works.

LECTURE

Rise of the Relentless Sun Seekers. 5-7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. HSU Outstanding Professor Lecture on plants. Free. tmb419@humboldt.edu. 826-3722.

MUSIC

Balkan and East European Music Meetup. 7-8:30 p.m. The Sanctuary, 1301 J St., Arcata. Come play and sing a variety of international folk music with this community music group. All instruments, voices and levels are welcome. \$2. linneaman@gmail.com. 496-6784.

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

Rising Appalachia. 9 p.m. Arcata Theatre Lounge, 1036 G St. Songs, clawhammer banjo, fiddle, double bass, acoustic guitar, djembe, barra, bodhran and spoken word from the group. \$40 both days, \$28 door, \$20 advance. www.arcatatheatre.com.

THEATER

The Hollow Opening Night Gala. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Old grudges and broken hearts at a decaying estate where a family reunion ends in murder. Through Dec. 10. Champagne reception after the show. \$16.

The Taming of the Shrew(s). Redwood Curtain Theatre, 220 First St., Eureka. An adaptation of Shakespeare's comic love story between sharp-tongued Katharine and the swaggering Petruchio.

EVENTS

Taste of the Holidays. 5-8 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Sample some of Humboldt's finest food, wine and beer at this event hosted by Rotary Club of Arcata Sunrise. \$30.

FOR KIDS

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. Fortuna Library presents a weekly morning storytime. Free. forhuml@co.humboldt.ca.us. www.humboldt.gov.org/296/Fortuna-Library. 725-3460.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

HOLIDAY EVENTS

Henderson Center Holiday Open House. 5-8 p.m. Henderson Center, Henderson near F Street, Eureka. Live music, holiday treats and hot apple cider. Businesses stay open late with goodies and more. Bring the kids. Free.

SPORTS

Humboldt Ice Rink. Newburg Park, 2700 Newburg Road, Fortuna. Skate rental included. See website for schedule. \$12, \$8 kids. www.humboldticerink.com.

ETC

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. Tour the 150-year-old home of pioneers Joseph and Zipporah Russ, listed on the National Register of Historic Places. \$10. info@ferncottage.org. www.ferncottage.org. 786-4835.

18 Friday

BOOKS

Corey Lee Lewis. 5:30 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. The author presents from his book *The Art of Becoming*. Free.

Library Book Sale. 7:45 a.m.-4 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. See Nov. 17 listing.

Noah Siegel. 7-9 p.m. Northtown Books, 957 H St., Arcata. The author talks about his book, *Mushrooms of the Redwood Coast*. Free. info@northtownbooks.com. www.northtownbooks.com. 822-2834.

LECTURE

Protecting and Enhancing Special Places. 7:30 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Mike Cipra, executive director of the Northcoast Regional Land Trust, presents *Lay of the Land: Protecting Wild and Working Landscapes*. Free.

Tanbark, Sheep and Apples. 7 p.m. Rio Dell and Scotia Chamber of Commerce, 406 Wildwood Ave. Early-day Humboldt's two biggest industries were redwood lumber and canned salmon. Historian Jerry Rohde presents a lecture on Humboldt's other products. Free.

MUSIC

Jazz Series ft. RLA with Jon Lewis. 7-9 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Westhaven Center for the Arts Jazz Series presents percussionist Jon Lewis with host band RLA in a night of Latin jazz. \$5-\$10 sliding scale. royjking2@hotmail.com. 677-9493.

Rising Appalachia. 9 p.m. Arcata Theatre Lounge, 1036 G St. See Nov. 17 listing.

THEATER

Agatha Christie's *The Hollow*. North Coast Repertory Theatre, 300 Fifth St., Eureka. Old grudges and broken hearts at a decaying estate where a family reunion ends in murder. Through Dec. 10. www.ncrt.net. 442-NCRT.

***The Taming of the Shrew(s)*.** Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 17 listing.

EVENTS

Benefit Dinner and Silent Auction. 6-9 p.m. Eureka Woman's Club, 1531 J St. Support local nurses traveling to a rural clinic in Kenya with Village HopeCore International. Enjoy a silent auction of local and handmade

goods and a home cooked meal. Money collected buys medical supplies. Call or text to reserve a meal. \$20 dinner. www.eurekawomansclub.org. 672-6189.

Fit Nor Cal Open House. 6:30-10 p.m. Fit Nor Cal, 1049 A Samoa Blvd, Arcata. Meet trainers, listen to music by the Undercovers, enjoy libations served by the Humboldt Trails Council and a fire art performance by the Department of Spontaneous Combustion. Free. info@fitnorcal.com. www.fitnorcal.com. 630-5072.

Mateel Forever Dinner and Cabaret. 5 p.m. Mateel Community Center, 59 Rusk Lane, Redway. The community center is transformed into a 1930s vaudeville cabaret for a nine-course dinner and a presentation by Vaud & the Villains, a 19-piece New Orleans-style orchestra and variety show. \$200. www.mateel.org.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.NorthCoastPeoplesAlliance.org.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

FOOD

Southern Humboldt Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, meats, baked goods and more, plus live music and family activities. Free.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Humboldt Ice Rink. Newburg Park, 2700 Newburg Road, Fortuna. See Nov. 17 listing.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

ETC

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Nov. 17 listing.

19 Saturday

ART

Artist Talk: Suk Choo Kim. 3 p.m. Black Faun Gallery, 212 G Street, Eureka. Join the photographer as he discusses his current exhibition, *Big Pictures*.

BOOKS

Nature Story Time. 2-3 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join Friends of the Dunes naturalist Bob Peck for tales of local wildlife and a simple craft project geared for ages 3 to 6. Explore the trails on your own after the program. Free. info@friendsofthedunes.org. 444-1397.

DANCE

USA Dance November Event. 6-9:30 p.m. Eureka Woman's Club, 1531 J St. Burgandy Blues, a blues/swing dance event with a blues dance lesson by Kristin Badzik at 6:30 p.m. followed by blues/swing dancing. \$10,\$5 members, students, seniors. www.facebook.com/usadances.

MUSIC

HSU Faculty Artist Series: Morris Graves Concert. 2-3:30 p.m. Morris Graves Museum of Art, 636 F St.,

Eureka. Chamber music and solo performances by students and faculty from the music department for audience members of all ages. \$5, \$2 Student/Senior, Free for children and MGM members. patrick@humboldt.edu. 826-3531.

SPOKEN WORD

Tellabration 2016—Strange Things Done. 7-9 p.m. The Sanctuary, 1301 J St., Arcata. An evening of traditional storytelling featuring tall tales, urban legends and ghost stories from Paul Woodland and Carpathian. Plus original songs performed by folk singer Lisa Sharry. Family entertainment for ages 5 and older. \$10, \$7 advance, free for 12 and under free. plw3@humboldt.edu. 441-9424.

THEATER

Agatha Christie's *The Hollow*. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Nov. 18 listing.

***The Taming of the Shrew(s)*.** Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 17 listing.

EVENTS

Breakfast and Flea Market. Third Saturday of every month, 8:30 a.m. Dow's Prairie Grange Hall, 3995 Dow's Prairie Road, McKinleyville. Enjoy pancakes, eggs and browsing knick knacks. Flea market ends at 3 p.m. \$5, \$3 for kids. dowsgrange@gmail.com. www.dowspairiegrange.org. 840-0100.

Humboldt Stands with Standing Rock. 6 p.m.-1:30 a.m. Mateel Community Center, 59 Rusk Lane, Redway. Benefit for water protectors featuring a silent auction, slideshow, dinner, speakers from the Hoopa, Yurok and Karuk tribes who have protested at Standing Rock and music by Govinda, Irie Rockers, Cold Blue Water, Altar Tones and DJ Marjo Lak. \$20 advance. humboldtstandwithstandingrock@gmail.com. 832-3777.

The Love March and Community Solidarity Vigil. 2 p.m. Arcata Plaza, Ninth and G streets. Starting at North Town Coffee and marching to the Arcata Plaza. Bring drums, shakers, your voice and your love for liberty and fellow earthlings. Community leaders and members will speak, including Bryan Jessup, minister of The Universalist Unitarian Fellowship, who will speak at 3:30 p.m. If it rains, head to The Jam. Free.

FOR KIDS

City of Blue Lake Marble Hunt. noon. Perigot Park, 312 South Railroad Ave., Blue Lake. Follow picture clues for the locations of nine marbles. Rain or shine. Free. sls114@humboldt.edu. www.facebook.com/bluelakemarblehunt/. (530) 591-5100.

Young Inventors' Club. Third Saturday of every month, 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. Hands-on science program with one or more activities planned each month. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music.

HOLIDAY EVENTS

River Lodge Craft Faire. 10 a.m. River Lodge Conference Center & Commercial Kitchen, 1800 Riverwalk Drive, Fortuna. Browse unique, locally made gifts from more than 30 North Coast crafters. Lunch available. www.friendlyfortuna.com.



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Calendar

Continued from previous page

Creative Escape's Holiday Artisans Fair. 10 a.m.-7 p.m. Portuguese Hall, 1185 11th St., Arcata. 28 local artisans and their handcrafted items. Food court open. Please check out Creative Escape's Facebook page for more information. 633-6162.

Manila Community Thanksgiving Dinner. 3-5 p.m. Manila Community Center, 1611 Peninsula Drive. Join with community members to celebrate Thanksgiving. Free. www.manilacsd.com/Parks_and_Recreation.htm.

MEETINGS

Photoshop User Group. Third Saturday of every month, 10 a.m.-noon. Prosperity Center, 520 E St., Eureka.

Adobe Photoshop or LightRoom beginners and power users gather to swap ideas and techniques. Informal lunch usually follows. Free. wrishe1@gmail.com. www.eurekaphotoshop.com. (510) 410-3310.

OUTDOORS

Wavesgiving Surf Contest. 7 a.m.-5 p.m. Trinidad Head, Trinidad State Beach. Sign up to be one of the 24 contestants at The Shop or come down to the beach to watch some of the counties best shredding. \$50 to surf, Free to watch. theshopsurf@gmail.com. 822-2248.

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a

trained guide for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet walk leader Jim Clark in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

USFWS Dunes Restoration. 9:30 a.m.-12:30 p.m. Humboldt Bay NWR Lanphere Dunes Unit, 6800 Lanphere Road, Arcata. Help remove invasive species in the Lanphere Dunes Unit the Humboldt Bay Wildlife

Refuge. Please wear closed-toed shoes, dress for the weather and bring drinking water. Meet at Pacific Union School in Arcata to carpool to the protected site. Gloves, training and snacks are provided. Free. jess@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

SPORTS

Humboldt Ice Rink. 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Nov. 17 listing.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Nov. 18 listing.

ETC

Media Center Orientation. Third Saturday of every month, 10 a.m. Access Humboldt Community Media Center, Eureka High School. Learn about the recording studio, field equipment, editing stations and cable TV channels available at Access Humboldt. Free. 476-1798.

Exploring our Prejudices. 9:30 a.m.-noon. First United Methodist Church, 520 Del Norte St., Eureka. Local consultants Louisa Rogers and Jim Hight facilitate this workshop in which participants examine their conscious and unconscious prejudices and how to overcome them. Pre-registration required. \$5-\$20 suggested donation. jh101@suddenlink.net. 407-9455.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Nov. 17 listing.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

20 Sunday

MOVIES

The Iron Giant (1999). 6 p.m. Arcata Theatre Lounge, 1036 G St. A giant alien robot crash-lands near a small town in 1957 and is befriended by a 9-year-old boy. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Wine and Jazz at the Morris Graves. Third Sunday of every month, 3-5 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Sit back, sip and enjoy a different group each month. Nice n' Easy performs. \$5 adults, \$2 students and seniors, Free HAC members and children 17 and under. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

EVENTS

Mushroom Fair. 11 a.m.-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. A display of more than 300 species, books, mushroom cultivation kits, microscopes and more. Bring your mushrooms for identification. \$3, \$1 kids 12-16, free to kids under 12. www.hbmycologicalsociety.org.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum



admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

PLANTSGiving Vegan Potluck. 2-4 p.m. Humboldt Area Foundation, 363 Indianola Road, Bayside. Please bring a vegan (no animal products, including meat, fish eggs, honey or gelatin) dish to share, as well as your own plates cups and utensils. Donations appreciated. vegansocietyhumboldt@yahoo.com. www.vegsoctet-yhumboldt.blogspot.com. 832-8907.

HOLIDAY EVENTS

River Lodge Craft Faire. 10 a.m. River Lodge Conference Center & Commercial Kitchen, 1800 Riverwalk Drive, Fortuna. See Nov. 19 listing.

Creative Escape's Holiday Artisans Fair. 10 a.m.-4 p.m. Portuguese Hall, 1185 11th St., Arcata. See Nov. 19 listing.

OUTDOORS

Eureka Waterfront Birding Trip. 9-11 a.m. Hikshari Trail, Truesdale Street (west end), Eureka. Accompany Redwood Region Audubon Society for a field trip. Meet leader Ralph Bucher in the public parking lot at the foot of Truesdale Street (behind Shamus T Bones restaurant) and bird along the trail through the Elk River Wildlife Sanctuary. Please note: This is an updated meeting place. Free. thebook@reninet.com. www.rras.org/calendar.aspx. 499-1247.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Humboldt Ice Rink. 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Nov. 17 listing.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

21 Monday

DANCE

Let's Dance. 7-10 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music including swing standards and roots country. Everyone welcome. Swing Dance Lesson at 6:15, \$5. Dancing after lesson free to lesson participants. Tonight dance to Jack Johnson and the Blue Lake Yacht Club. \$4. www.facebook.com/humboldt.grange. 725-5323.

MOVIES

Movie Mondays. Third Monday of every month, 6-9 p.m. Northtown Coffee, 1603 G St., Arcata. Featuring forest defense films. Q&A with local activists before, during and after. Free.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

SPORTS

Humboldt Ice Rink. 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Nov. 17 listing.

22 Tuesday

FOR KIDS

Arcata Family Resource Center Playgroup. 10 a.m.-noon. Arcata Elementary School, 2400 Baldwin St. Playgroup for children 0-5 and their parents and caregivers. 826-1002.

Grandparents and Books Storytime. 3-4:30 p.m. Fortuna Library, 753 14th St. Children of all ages welcome to afternoon storytime with "grandparent" storyteller Cynthia. Free. forhuml@co.humboldt.ca.us. www.humboldt.gov.org/296/Fortuna-Library. 725-3460.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Nov. 20 listing.

SPORTS

Humboldt Ice Rink. 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Nov. 17 listing.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

23 Wednesday

MOVIES

Sci Fi Night ft. The Magic Sword (1962). 6 p.m. Arcata Theatre Lounge, 1036 G St. Devious wizards, princesses, witches and "The Most Incredible Weapon Ever Wielded." Free w/\$5 food or bev purchase. www.arcatatheatre.com.

THEATER

A Charlie Brown Christmas Preview. 8 p.m. Ferndale Repertory Theatre, 447 Main St. The classic animated television special comes to life in this faithful stage adaptation. This 60-minutes show is suitable for children ages 3 and over. \$10. www.ferndalerep.org.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

SPORTS

Humboldt Ice Rink. 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Nov. 17 listing.

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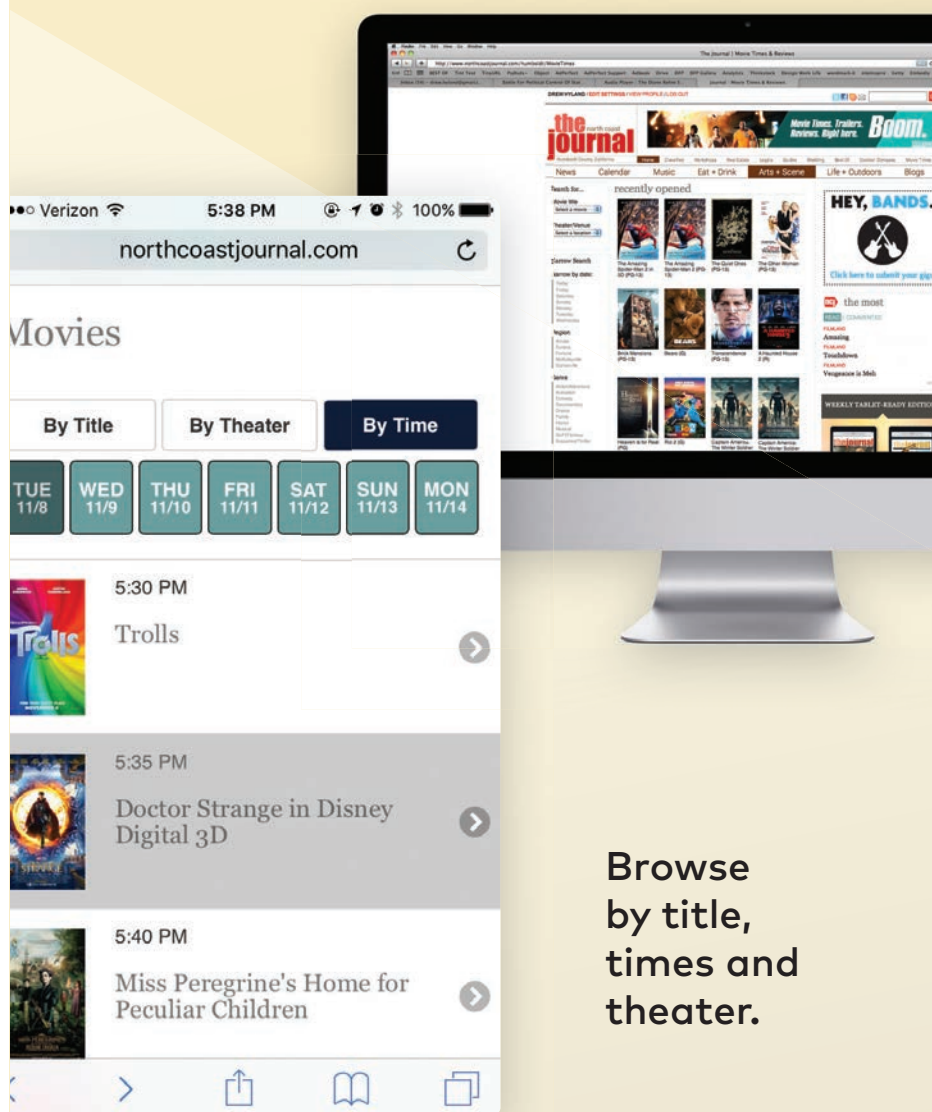
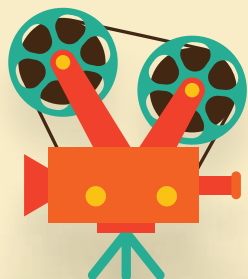
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Calendar

Continued from previous page

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcp@northcoast.com. www.baysidegrange.org. 444-2288.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

24 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Nov. 17 listing.

EVENTS

Trinidad Blessing of the Fleet. 10-11:30 a.m. Trinidad Head Memorial Lighthouse, Trinity Street. A traditional Native American blessing to the four directions followed by a non-denominational blessing from the Church of the Joyful Healer and live music performed by Redwood Ramblers. Trinidad Rancheria will provide warm drinks and snacks. In Trinidad Town Hall if it rains. Free. map@marnapowell.com. 677-3316.

FOR KIDS

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. See Nov. 17 listing.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See Nov. 17 listing.

HOLIDAY EVENTS

Community Thanksgiving Dinner. 12-3 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Join the community for a Thanksgiving Dinner with live music and entertainment. Everyone is welcome to attend. Free.

Turkey Trot. 9 a.m. Old Town Gazebo, Second and F streets, Eureka. Fun 3-mile walk/run through Old Town. Register from 7:30 a.m. at Old Town Coffee and Chocolates, then stretch for the trot at 9 a.m. 822-3136.

SPORTS

Humboldt Ice Rink. 2017. Newburg Park, 2700 Newburg

Road, Fortuna. See Nov. 17 listing.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. See Nov. 23 listing.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. See Nov. 17 listing.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Nov. 17 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Nov. 17 listing.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Nov. 17 listing.

Heads Up This Week

Food for People is in need of holiday hams and turkeys. Donations can be dropped off daily from 9 a.m. to 4:30 p.m. at the food bank, 307 W. 14th St. in Eureka, next to the DMV.

Calling all craft vendors. United Congregational Christian Church's Kris Kringle's Christmas Craft Fair has vendor tables for \$30 each. The fair will be held Saturday, Dec. 10 at 900 Hodgson. Call Janet @ 845-7591.

Humboldt State University's Humboldt International Film Fest announces the call-to-entry for local films. Deadline is midnight Feb. 28. Entry fee is \$10 for Humboldt County residents. Free for HSU students and alumni. Go to www.hsufilmfestival.com, call 826-4113 or email filmfest@humboldt.edu.

The Westhaven Center for the Arts is accepting applications for Artist-in-Residence for 2017. Email wcaexhibits@gmail.com or call Ann Anderson at 677-0128. Applications due Nov. 5 and residency begins in January.

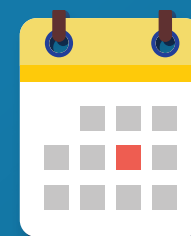
The McKinleyville Community Services District announces two regular voting member vacancies and one alternate member vacancy on the Recreation Advisory Committee. Mail letters of application to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks & Recreation Office at 839-9003.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteers. For more information, contact 269-2071 or debbiep@nrsrca.org.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

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Events**



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Print Deadline: Noon Thursday, the week before publication

Communication

With aliens and family

By John J. Bennett

filmLand@northcoastjournal.com

Reviews

ARRIVAL. As we watched last week's events cut through the ice floe of our national conversation about class and race — about disparity in general — and as they opened a hideous, yawning chasm further dividing us, churning up in their wake misunderstanding, hatred and fear, I felt deeply and unexpectedly despondent. Anxiety, frustration and ignorance seem to have been given full voice, with racism and sexism finding their empowerment as a toxic, convenient corollary. Our inability to find common ground, and the systemic cultivation of that continued inability, have brought us precariously close to what feel to me like the shores of crisis.

Bleak, even for me, I know; one might even go so far as to say totally inappropriate for a movie column. Attempts will be made to turn things in a more salient direction.

My native tendency, in the face of such things, runs toward self-medication. My habits, monumentally distressing events notwithstanding, are not as wholesome or healthy as they could/should be, but I realize this. So in the face of such events, I am self-aware enough to realize that inoculating against sadness with stupor, while effective in the short-run, is a dangerous and ultimately unsustainable method. Better altogether to seek out loved ones, small life-affirming pleasures and art that celebrates and elevates those aspects of humanity that could possibly save us from ourselves.

Arrival became the antidote to my distressed and diminished world-view. Not a panacea (even I am not convinced that art can take the place of proper discourse and social action) but a shot in the arm to remind me that people are not necessarily inherently venal. A sign that there is the possibility of communicating and growing and changing for the better. There are dark days ahead, I am sure, but there remains reason for hope. And, no surprise, director Denis Villeneuve was the one to deliver that message.

I've held up Villeneuve as the great hope of contemporary cinema for years now. His American feature debut *Prisoners* (2013)

created tension unlike any I've ever experienced in a movie theater. *Enemy* (2013), his attendant psychological-thriller/head-trip, posed profound questions about identity and anonymity, even while feeling like a fun little side project. And *Sicario* (2015), suffused with dread and defined by absence, by negative space, transcends classification. And that's really the thing about Villeneuve: He works within genres (possibly why his movies have not received more awards consideration) but his perspective is so unique, his vision so clear, his technique so impeccable that he only enlarges and improves those genres. Which he does again with *Arrival*, both a perfect science-fiction movie about aliens landing on Earth and a treatise on love, communication and the imperative struggle for understanding.

We are introduced to Dr. Louise Banks (Amy Adams) as a woman devastated by the death of her daughter, so enveloped in grief that the arrival of alien craft around the globe at first barely registers. Because she is perhaps the world's foremost linguist, though, it isn't long before Dr. Banks is approached by military intelligence. Col. Weber (Forest Whitaker) enlists her aid, after some initial resistance, to attempt to establish communication with whatever life forms may inhabit the shell-like obelisk (called "the Shell") hovering above Montana. She will lead one team while Dr. Ian Donnelly (Jeremy Renner), a renowned astrophysicist, leads the other. All this under the watchful eye of the U.S. Army and the CIA, represented by Agent Halpern (Michael Stuhlbarg). Every 18 hours, Banks and Donnelly, accompanied by a military unit, enter the Shell and try to parse the language and intentions of the travelers inside. Intention is their prime directive, per Weber and Halpern, because 11 other Shells sit above other nations around the world, with teams from each working toward

Dating in Humboldt be like ...



some understanding. National security and the prospect of global war hang in the balance.

Eric Heisserer's screenplay, from a short story by Ted Chiang, is meticulously plotted and the progress of its narrative is sublimely satisfying. I hesitate to spool out more of it here. Thematically, it comes down to fear and isolationism versus love and openness and I'll leave it at that.

Like all of Villeneuve's movies, *Arrival* does not have in it a single frame out of place, nor a sour note in the score or a misconceived moment of performance. It is beautiful: exquisitely crafted and acted, suffused with sadness and hope and joy in equal measure. It brought me to the verge of tears in the opening minutes and kept me there, gladly, throughout. *PG13. 116M. BROADWAY, MILL CREEK.*

ALMOST CHRISTMAS. I'm a sucker for Christmas movies — always have been. And after the relief of *Arrival*, I figured why not enjoy a simple pleasure, a couple more hours of escape? *Almost Christmas* provided exactly that.

At their first Christmas after the death of their matriarch, the Meyers family gathers at the family home in Birmingham to hopefully set aside their differences. Walter (Danny Glover) is rudderless without the love of his life. Son Christian (Romany Malco) is focused primarily on his run for Congress. Daughter Cheryl (Kimberly Elise) feuds with her sister Rachel (Gabrielle Union), who struggles to raise a daughter alone and put herself through law school. Baby brother Evan (Jessie T. Usher), a college football star recovering from injury, numbs his grief with pain pills and puts

forth a brave face.

Almost Christmas won't blow anybody's mind or break any new cinematic ground. But it is heart felt, warm and human, and often quite funny, particularly as presided over by foul-mouthed, tippling, larger-than-life Aunt May (Mo'Nique). *PG13. 112M. BROADWAY.*

— John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

BLEED FOR THIS. Miles Teller plays a boxer who struggles to get back in the ring

Continued on next page »

MOVIES & EVENTS

Nov 17 - Nov 23

Sun Nov 20 – The Iron Giant
(1999), Doors @ 5:30 PM, Movie @ 6 PM, Film is \$5, Rated PG.

Wed 11/23 – Sci Fi Night: The Magic Sword (1962), Doors @ 6 PM All ages, Free w/\$5 food & bev purchase.

Thurs/Fri Nov 17/18 – Rising Appalachia Two Day Show, Doors @ 9 PM, \$28 @ door, \$40 tix for both days, \$23 adv tix @ ATL/Wildberries/People's Records/The Works, 21+.

Arcata Theatre Lounge
arcatatheater.com • 822-1220 • 1036 G St.



Sit down, Iris Apfel.

after a traumatic car crash in this true-life story. With Aaron Eckhart and Katey Sagal. *R. 116M. BROADWAY, MILL CREEK.*

A CHRISTMAS STORY (1983). The holiday classic about the perils of pop guns, frozen flagpoles and snowsuits. *PG. 94M. BROADWAY.*

THE EDGE OF SEVENTEEN. Hailee Steinfeld stars as an awkward young girl who's even more lost when her brother starts dating her best friend. With Woody Harrelson. *R. 104M. BROADWAY, MILL CREEK.*

FANTASTIC BEASTS. A wizard (Eddie Redmayne) visiting New York City loses track of his magical menagerie in this Harry Potter prequel. With Katherine Waterston and Alison Sudol. *PG13. 133M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

IDIOCRACY (2006). Too soon? An average man (Luke Wilson) wakes from a centuries-long sleep to a devolved society of dunces in which he is a relative genius. With Maya Rudolph. *R. 84M. MINOR.*

KAMPAI! FOR THE LOVE OF SAKE. Documentary about rice wine, its makers and its enthusiasts. *NR. 95M. MINIPLEX.*

MOONLIGHT. Mahershala Ali, Ashton Sanders and Trevante Rhodes star in a film that follows a young black boy moving through childhood, teenage years and adulthood, figuring out his sexuality, relationships and place in the world. *PG13. 111M. BROADWAY.*

PETER AND THE FARM. Documentary about a hermit farmer in Vermont. *NR. 91M. MINIPLEX.*

Continuing

DOCTOR STRANGE. Benedict Cumberbatch and Tilda Swinton star in a Marvel

movie bogged down by pseudo-philosophy and lifted up by strange and wonderful special effects wizardry. *PG13. 120M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

GIMME DANGER. Jim Jarmusch documentary about punk band The Stooges. *R. 108M. MINIPLEX.*

HACKSAW RIDGE. Mel Gibson's movie about conscientious objector, medic and Medal of Honor recipient Desmond Doss (Andrew Garfield) is an impressive feat, but drowns the hero's complexities in the din and gore of battle. *R. 131M. BROADWAY, MILL CREEK.*

THE LOVE WITCH. Arcata-filmed retro comedy-horror with a witch looking for love in all the wrong potions. *PG13. 120M. MINOR.*

MAN CALLED OVE. A joyless curmudgeon is dragged back into life by the new family next door. *PG13. 116M. MINOR.*

MISS HOKUSAI. Animated drama about the famed 19th century Japanese artist's daughter. *PG13. 93M. MINIPLEX.*

MISS PEREGRINE'S HOME FOR PECULIAR CHILDREN. Eva Green stars as headmistress in Tim Burton's adaptation of the book about children with magical powers. *PG13. 127M. BROADWAY.*

SHUT IN. Naomi Watts stars as a child psychologist trapped in a New England snowstorm and trying to save a young boy. *PG13. 91M. BROADWAY, MILL CREEK.*

TROLLS. The fluffy-haired toys of yesteryear return in retail-friendly colors and CG animation, singing and saving their village from troll-eating baddies. With Anna Kendrick and Justin Timberlake. *R. 83M. BROADWAY, FORTUNA, MILL CREEK.*

—Jennifer Fumiko Cahill

Workshops & Classes

List your class — just \$4 per line per issue! Deadline: Friday, 5pm.

Place your online ad at classified.northcoastjournal.com or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Communication

TECHNOLOGY'S IMPACT ON RELATIONSHIPS EXPLORED AT LIFETREE CAFÉ The consequences of living online will be explored at Lifetree Café on Sunday, November 20 at 7 p.m. The program titled "Living Online: Provocative Thoughts From the Author of 'Is Google Making Us Stupid?'" features a filmed interview with Nick Carr, a 2011 Pulitzer finalist who frequently writes about technology and culture. During the program, participants will have the opportunity to discuss the positive and negative impacts technology has had in their own lives and relationships. Lifetree Café is a free conversation cafe located at Campbell Creek Connexion, corner of Union and 13th St., Arcata. Coffee and snacks. Ph: 672 2919 (S-1117)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Enjoy learning the mysterious American Tango on Wednesday evening, Nov 30. Take advantage of our holiday special: 15% off private lessons through December 25! Group privates are a great way to prepare for those holiday parties! (707) 464-3638, debbie@dancewithdebbie.biz (D-1124)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-1229)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-1229)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m., Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-1124)

WEST AFRICAN DRUM CLASS All Level Community Class Fridays 6-8pm
Held at Organic Matters Ranch Barn
6821 Myrtle Ave, Eureka (Freshwater)
Contact Heather 707-834-3610
Extra drums available to borrow or purchase (DMT-1229)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-1229)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1229)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1229)

Lectures

QUANTUM LEAP INTO YOUR BEST SELF Life coach shares secrets to serenity and fulfilling life's purpose. In the new book, "The Art of Becoming," life coach Corey Lee Lewis, Ph.D, shares the secret to fulfilling a life's purpose. Free Art of Becoming Book Presentation at signing on Friday November 18th from 5:30-7:00 pm at the HCOE Sequoia Conference Center, 901 Myrtle Ave. Eureka. (L-1117)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1229)

THE ANARCHY: EMPRESS MAUD FIGHTS KING STEPHEN WITH MICHAEL COOLEY Preview Henry I's life as king, the ensuing two decades while England was split in half by two opposing rulers, and the events that led up to the crowning of Henry II. Sat., Dec. 3 from 1-3:50 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1177)

BEHIND THE SCENES: HISTORY OF THE ARKLEY CENTER WITH JILL MCDONALD Explore the history of the Arkley Center and what opportunities and challenges brought the building from its origins to the hub of cultural events it is today. Tues., Dec. 6 from 3-5 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1117)

CHOCOLATE: HANDCRAFTING AS AN ART & A BUSINESS WITH ADAM DICK AND DUSTIN TAYLOR Learn how only two ingredients are crafted into sumptuous and beautiful bars. Tues., Dec. 13 & Thurs. Dec. 15 from 10 a.m. - noon. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1117)

DRAW, SKETCH, PAINT ON YOUR IPAD WITH CLAIRE IRIS SCHENCKE Learn how to use the innovative app Procreate to do something really creative and fun with your iPad! Sat., Dec. 3 & 10 from 1-4:50 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1117)

GENTLE YOGA WITH PATRICIA STARR. Learn the basic foundation, the use of props, correct alignment, conscious relaxed breathing and all of the basic stretches. Mon., Dec. 5 & 12 from 1-2:30 p.m. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1117)

INTRODUCTION TO ZENTANGLE® WITH JENNIFER MOREY Discover Zentangle, a method of drawing structured patterns to create beautiful, abstract art. Sat., Dec. 3 from 10-11:50 a.m. OLLI Members \$40 (Material fee included)/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1117)

IPHONE & IPAD PHOTOGRAPHY WITH BOB DORAN Learn to use your iPhone or iPad to take better photos and improve them through editing. Tues., Dec. 6 & Wed., Dec. 7 from 2-4 p.m. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1117)

MOVEMENT: ESSENTIAL FOUNDATION TO FITNESS WITH COREY JUNG. Learn to feel, move and perform better in activities of daily living to meet your health and fitness goals. Sat. & Sun., Dec. 3 & 4 from 12-3 p.m. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1117)

SERENGETI & THE TANZANIAN WILDS: THE TOUR WITHOUT THE AIRFARE WITH ROLLIE LAMBERSON AND RICK VREM Take a safari in search of the wild game of Tanzania without the airfare. Tues., Dec. 6 from 6-7:50 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1117)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more information call 826-1701 or visit arcatazengroup.org. (S-1229)

CALM ABIDING PRACTICE WEEKEND. Essential Buddhist meditation practice with Lama Kunzang Drolma at Rangjung Yeshe Gomde CA in Leggett. December 9-11. Visit gomdeusa.org for registration. (S-1208)

NON-RELIGIOUS BUDDHIST STUDY AND PRACTICE with Tobin Rangdrol at Arcata School of Massage. Nov. 8 & 29, Dec. 13, Jan 10. 6:30-8:30 p.m. Free. Visit freebuddhism.org or call (707) 407-7300. (S-0105)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-1229)

SPIRITUALITY SUNDAYS AT WESTHAVEN CENTER FOR THE ARTS Join us each Sunday from 9-10 AM for Golden Lion Yoga w/ Marissa Vaudo, a spirituality informed yoga practice with emphasis on breathing and developing calmness. \$12/class. Call 499-6917. Also, come to Gaia's Love for a monthly study and experiential discussion group on Nature Based Spirituality and the healing values of the arts, November 20 from 10-11 AM. Both are held at Westhaven Center for the Arts at 501 S. Westhaven Dr., Westhaven. Contact Roy King at royjking2@hotmail.com or (650) 575-7670.

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-1229)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-1124)

FREE DEPRESSION SUPPORT GROUP. Feeling hopeless? Free, non-religious, drop-in peer group for people experiencing depression/anxiety. UMCJH 144 Central Ave, McK 839-5691 (T-0209)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-1229)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-1229)

Wellness & Bodywork

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Herbal Adventure to Hawaii. Jan 14-21, 2017, Experience a Kava-Kava Ceremony, traditional uses for local plants, an herbal spa day, lush beaches, yoga, hikes, delicious organic food and more! Beginning with Herbs. Jan 25 - Mar 15, 2017, 8 Wed. evenings. Learn the basics of herbalism from medicine-making to first aid. 10-Month Herbal Studies Program. Feb. - Nov. 2017. Meets 3rd weekend monthly with several field trips. 130-hour program for the serious herb student; includes material medica, herbal therapeutics, flower essences, wild plant ID, sea vegetables and so much more! Medicinal Cannabis Conference. April 29-30, 2017. Advance your knowledge base on Cannabis to the next level with renowned experts in the field! Register online www.dandelionherb.com or call (707) 442-8157. (W-0112)

FOOT REFLEXOLOGY CERTIFICATION Learn to relieve pain, improve alignment and body mechanics, promote detoxification and more. Combination in class and home study program begins February 17. Early registration discount. Alexandra Seymour ARC Board Certified Reflexologist at the Center for Reflexology 707-822-5395 or as@reflexologyinstruction.com (W-0202)

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-1229)

Legal Notices

T.S. No. 0125001680 Loan No. 23078897-1 APN: 111-132-014-000 NOTICE OF TRUSTEE'S SALE NOTE: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/28/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On 12/8/2016 at 10:30 AM On the steps to the front entrance to the County Courthouse, 825 5th Street, Eureka, California, Old Republic Title Company, a California Corporation, as the duly appointed Trustee under the Deed of Trust recorded on 6/29/2007, as Instrument No. 2007-19540-19, of Official Records in the office of the Recorder of Humboldt County, California, executed by: Dearing Paige Hockman and Kurt O Wygant, wife and husband, as Trustor, Northern Trust, NA, as Lender/Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR (payable at time of sale in lawful money of the United States by cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in the state) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California, describing the land therein: As more fully described on said Deed of Trust. The street address or other common designation, if any, of the real property described above is purported to be: 184 Shaker Road Whitethorn, CA 95589-9112 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made is an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by the Deed of Trust, to wit: \$486,450.89 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the prop-

erty. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 888-988-6736 or visit this Internet Web site www.salestrack.tdsf.com, using the file number assigned to this case 0125001680. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. This property which is subject to this Notice of Sale does not fall within the purview of California Civil Code Section 2923.5. Date: 11/9/2006 Old Republic Title Company, as Trustee 1000 Burnett Avenue, Suite #400 Concord, California 94520 (866)248-9598 by: Debbie Jackson, Vice President TAC: 5124 PUB: 11/17, 11/24, 12/01/16

(16-280)

T.S. No. 043617-CA APN: 013-241-014 NOTICE OF TRUSTEES SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/26/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER

On 11/29/2016 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 11/10/2004, as Instrument No. 2004-39193-20, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: STEVEN PAUL JESSEN

Continued on next page »

AND JEANINE FAYE JESSEN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIERS CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 22, 23, AND 24 IN BLOCK 14 OF GLATTS SECOND ADDITION TO THE CITY OF EUREKA, AS PER MAP RECORDED IN BOOK 6, PAGE 35 OF MAPS, IN THE OFFICE OF THE COUNTY RECORDERS OF SAID COUNTY. EXCEPTING THEREFROM HOWEVER THE WEST 20 FEET OF LOT 22. The street address and other common designation, if any, of the real property described above is purported to be: 3334 W STREET EUREKA, CALIFORNIA 95503 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$185,893.30 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or

may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 043617-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

11/3, 11/10, 11/17 (16-265)

TS# 16-2307 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED: 9/3/08. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of

Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. Trustor: David R. Fells, Sr., an unmarried man Duly Appointed Trustee: Foreclosure Specialists LLC Recorded 9/25/08 as Instrument No. 2008-23237-4 of Official Records in the office of the Recorder of Humboldt County, California, Date of Sale: Monday, December 19, 2016 at 10:30 A.M. Place of Sale: on the steps to the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501 The common designation of the property is purported to be: 911 B. Street, Eureka, CA 95501 APN: 004-093-009 Estimated opening bid: \$279,453.74 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727 or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: TS #16-2307 . Information about postponements that are very short in duration or that occur close

in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 11/10/16 FORECLOSURE SPECIALISTS LLC 1388 Court Street, Ste C Redding, CA 96001 530-246-2727, Toll Free: 844-333-6766, Janelle St. Pierre / Manager Trustee Sale Officer Foreclosure Specialists LLC is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. TAC: 5142 PUB: 11/17/16, 11/24/16, 12/01/16.

(16-279)

SUMMONS (Citation Judicial) CASE NUMBER: DR160557 -----

NOTICE TO Defendant: DOUGLAS COUNTY LUMBER COMPANY, a Dissolved Oregon Corporation, MAURICE L. HALLMARK, Deceased; Testate and Intestate Successors of MAURICE L. HALLMARK, and all persons claiming by through, or under such decedent; all persons unknown, claiming any legal or equitable right, title, estate, lien, or interest in the property adverse to Plaintiff's title or any cloud on Plaintiff's title thereto, and DOES 1 through 10, Inclusive. You are being sued by Plaintiff: Far Western Properties LLC

Notice: You have been sued. The court may decide against you without you being heard unless you respond within 30 days. Read the information below. You have 30 calendar days after this Summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for free waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center(www.courtinfo.ca.gov/self-

help), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: Superior Court of California, County of Humboldt 825 Fifth Street Eureka, CA 95501 The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Laurence A. Kluck Mathews, Kluck, Walsh & Wykle, LLP 100 M Street Eureka, CA 95501 (707) 442-3758 Date: October 26, 2016 clerk, by Kim Bartleson/John B., Deputy

11/10, 11/17, 11/24, 12/1 (16-275)

NOTICE OF HEARING - Guardianship IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA AND FOR THE COUNTY OF HUMBOLDT Case Number: PR160194

To: Other Party/Parent Concerning: **Guardianship of the Person of - Aariawna Chivrell** This notice is required by law. This notice does not require you to appear in court, but you may attend the hearing if you wish. Notice is given that: Jacquelynn Snyder has filed a Petition for Guardianship of the Person of - Aariawna Chivrell A HEARING on the matter will be held on December 19, 2016 at 1:30pm, Superior Court of California, County of Humboldt, 825 Fifth Street, Dept. 6, Eureka, CA . Dated October 21, 2016. Humboldt County SUPERIOR COURT CLERK BY: David W. Hirsch, Judicial Officer

11/17, 11/24, 12/1, 12/8 (16-282)

NOTICE OF HEARING - Guardianship IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA AND FOR THE COUNTY OF HUMBOLDT Case Number: PR160163

To: Angela R. Snyder Concerning: **Guardianship of the Person of - Chivrell Minors** This notice is required by law. This notice does not require you to appear in court, but you may attend the hearing if you wish. Notice is given that: Jennifer Murrell/Brian Murrell Sr has filed a Petition for Guardianship of the Person of - Chivrell Minors A HEARING on the matter will be held on December 19, 2016 at 1:30pm, Superior Court of California, County of Humboldt, 825 Fifth Street, Dept. 6, Eureka, CA . Dated November 2, 2016. Humboldt County SUPERIOR COURT CLERK BY: David W. Hirsch, Judicial Officer

11/17, 11/24, 12/1, 12/8 (16-281)

FICTITIOUS BUSINESS NAME STATEMENT 16-00587

The following person is doing Business as **REDWOOD DENTAL/REDWOOD PROPERTY MANAGEMENT** Humboldt 3060 Barber Creek Road Hydenville, CA 95547 **David B Privat 3060 Barber Creek Road Hydenville, CA 95547**

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s David Privat, Owner This statement was filed with the County Clerk of Humboldt County on October 4 2016 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

10/27, 11/3, 11/10, 11/17 (16-267)

FICTITIOUS BUSINESS NAME STATEMENT 16-00597

The following person is doing Business as **ROCKET ROOTER** Humboldt 3240 Matthew Ln Fortuna, CA 95540 **Curtis L Smith 3240 Matthew Ln Fortuna, Ca 95540**

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Curtis Leroy Smith, Owner This statement was filed with the County Clerk of Humboldt County on October 11, 2016 KELLY E. SANDERS Humboldt County Clerk By: lh, Deputy Clerk

10/27, 11/3, 11/10, 11/17 (16-268)

FICTITIOUS BUSINESS NAME STATEMENT 16-00657

The following person is doing Business as **STARS HAMBURGERS ARCATA** Humboldt 1535 G ST Arcata, CA 95521 **Arron T Eaton**

6447 Purdue Dr Eureka, CA 95503 Jennifer A Messana-Eaton 6447 Purdue Dr Eureka, CA 95503

The business is conducted by A Married Couple. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Arron Eaton, Owner This statement was filed with the County Clerk of Humboldt County on November 8, 2016 KELLY E. SANDERS Humboldt County Clerk By: lh, Deputy Clerk

11/17, 11/24, 12/1, 12/8 (16-287)

FICTITIOUS BUSINESS NAME STATEMENT 16-00670

The following person is doing Business as **NORTHERN CALIFORNIA PET SUPPLY & GROOMING** Humboldt 1580 Nursery Rd STE F McKinleyville, CA 95519 **Jennifer Wrask 1147 Railroad Dr McKinleyville, CA 95519 Leah Lee 3223 Cottage St Eureka, CA 95503**

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Jennifer Wrask, Owner This statement was filed with the County Clerk of Humboldt County on November 14, 2016 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

11/17, 11/24, 12/1, 12/8 (16-288)

FICTITIOUS BUSINESS NAME STATEMENT 16-00639

The following person is doing Business as **LOST IN TECH PRODUCTIONS** Humboldt 2294 Kipling Dr Eureka, Ca 95503 **Adam T Mester 2294 Kipling DR Eureka, CA 95503 Dillon P Ford**

2294 Kipling DR
Eureka, CA 95503

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Adam Mester, Owner/Partner This statement was filed with the County Clerk of Humboldt County on October 31, 2016 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

11/17, 11/24, 12/1, 12/8 (16-284)

FICTITIOUS BUSINESS NAME STATEMENT 16-00660
The following person is doing Business as
SURFSIDE BURGER SHACK
Humboldt
445 5th St
Eureka, CA 95501
Daniel J Dixon
368 Spruce St
Eureka, CA 95503
Amanda L Fernandez
4192 F St
Eureka, CA 95503

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Amanda Fernandez, Partner/Co-Owner This statement was filed with the County Clerk of Humboldt County on November 9, 2016 KELLY E. SANDERS Humboldt County Clerk By: gw, Deputy Clerk

11/17, 11/24, 12/1, 12/8 (16-286)

FICTITIOUS BUSINESS NAME STATEMENT 16-00604
The following person is doing Business as
TORRONE DI TALARICO
Humboldt
1735 Eastwood Dr
Eureka, Ca 95501
Julie D Mastroni
1735 Eastwood Dr
Eureka, CA 95501

The business is conducted by An Individual. The date registrant commenced to

transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Julie D. Mastroni, Owner This statement was filed with the County Clerk of Humboldt County on October 14, 2016 KELLY E. SANDERS Humboldt County Clerk By: sc, Deputy Clerk

11/3, 11/10, 11/17, 10/24 (16-269)

FICTITIOUS BUSINESS NAME STATEMENT 16-00614
The following person is doing Business as
HUMBLE HAMMOCKS
Humboldt
75 Alder Lane
Redway, CA 95560
P.O. Box 2132
Redway, CA 95560
Ingrid R. Hutchings
75 Alder Lane
Redway, CA 95560

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Ingrid R. Hutchings, Owner This statement was filed with the County Clerk of Humboldt County on October 20, 2016 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

11/10, 11/17, 11/24, 12/1 (16-274)

FICTITIOUS BUSINESS NAME STATEMENT 16-00634
The following person is doing Business as
HUMBOLDT GLASSBLOWERS
Humboldt
815 9th Street
Arcata, CA 95521
Jasmine K Granat
5038 S. Quarry Rd
Bayside, CA 95524

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and

Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Jasmine Granat, Owner This statement was filed with the County Clerk of Humboldt County on October 28, 2016 KELLY E. SANDERS Humboldt County Clerk By: lh, Deputy Clerk

11/3, 11/10, 11/17, 11/24 (16-270)

FICTITIOUS BUSINESS NAME STATEMENT 16-00635
The following person is doing Business as
EXPRESS SMOKE SHOP #3
Humboldt
941 H Street
Arcata, CA 95521
781 Samoa Blvd
Arcata, CA 95521
Fourth Street Market, Inc
CA 3047319
781 Samoa Blvd
Arcata, CA 95521

The business is conducted by A Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Toheed Ahmad, C.E.O. This statement was filed with the County Clerk of Humboldt County on October 28, 2016 KELLY E. SANDERS Humboldt County Clerk By: lh, Deputy Clerk

11/3, 11/10, 11/17, 11/24 (16-271)

FICTITIOUS BUSINESS NAME STATEMENT 16-00640
The following person is doing Business as
WILD IRIS DESIGNS
Humboldt
253 B Stagecoach Rd.
Trinidad, CA 95570
P.O. Box 265
Trinidad, CA 95570
Lori M Duhem
253 B Stagecoach Rd.
Trinidad, CA 95570

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Lori M. Duhem, Owner This statement was filed with the County Clerk of Humboldt County on October 31, 2016 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

11/10, 11/17, 11/24, 12/1 (16-273)

FICTITIOUS BUSINESS NAME STATEMENT 16-00652
The following person is doing Business as
VISTA DEL MAR
Humboldt
91 Commercial St
Eureka, CA 95501
Vista Del Mar LLC
CA 201629110264
91 Commercial St
Eureka, CA 95501

The business is conducted by A Limited Liability Company. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Kito Vorobik, Owner This statement was filed with the County Clerk of Humboldt County on November 4, 2016 KELLY E. SANDERS Humboldt County Clerk By: kl, Deputy Clerk

11/10, 11/17, 11/24, 12/1 (16-276)

FICTITIOUS BUSINESS NAME STATEMENT 16-00654
The following person is doing Business as
WILLOW IN THE WOOD
Humboldt
5440 Cummings Road
Eureka, CA 95503
Wendy E Pickett
5440 Cummings Road
Eureka, CA 95503

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Wendy E. Pickett, Owner This statement was filed with the County Clerk of Humboldt County on November 7, 2016 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

11/10, 11/17, 11/24, 12/1 (16-277)

FICTITIOUS BUSINESS NAME STATEMENT 16-00663
The following person is doing Business as
HUMBOLDT CARPET SHOWROOM
Humboldt
1128 Third ST
Eureka, CA 95501
Robert P Duerksen
212 F St
Eureka, CA 95501

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Robert P. Duerksen, Sole Proprietor This statement was filed with the County Clerk of Humboldt County on November 9, 2016 KELLY E. SANDERS Humboldt County Clerk By: gw, Deputy Clerk

11/17, 11/24, 12/1, 12/8 (16-285)

FICTITIOUS BUSINESS NAME STATEMENT 16-00668
The following person is doing Business as
JB'S HIGH VOLTAGE
Humboldt
530 B Street
Scotia, CA 95565
PO Box 244
Scotia, CA 95565
Joseph D. Bryan
530 B Street
Scotia, CA 95565

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Joseph D. Bryan, Owner This statement was filed with the County Clerk of Humboldt County on November 14, 2016 KELLY E. SANDERS Humboldt County Clerk By: sc, Deputy Clerk

11/17, 11/24, 12/1, 12/8 (16-283)

FICTITIOUS BUSINESS NAME STATEMENT 16-00646
The following person is doing Business as
EUREKA STARS HAMBURGERS
Humboldt
2009 Harrison Ave

Eureka, CA 95501
Ray C. Schick
1226 N St.
Eureka, CA 95501
Cherri K Schick
1226 N St.
Eureka, Ca 95501

The business is conducted by A Married Couple. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Ray C. Schick, Owner This statement was filed with the County Clerk of Humboldt County on November 2, 2016 KELLY E. SANDERS Humboldt County Clerk By: kl, Deputy Clerk

11/10, 11/17, 11/24, 12/1 (16-272)

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. R-1300035
The following person have abandoned the use of the fictitious business name
NORTHERN CALIFORNIA PET SUPPLY AND GROOMING 1580 NURSERY ROD STE F MCKINLEYVILLE, CA 95519
The fictitious business name was filed in HUMBOLDT County on January 15 2013

Tim Shreeve 1414 Dena Dr McKinleyville, CA 95519
Jennifer Wrask 1147 Railroad Dr McKinleyville, CA 95519
James Lee 3223 Cottage Street Eureka, CA 95503
Leah Lee 3223 Cottage Street Eureka, CA 95503
This business was conducted by: A General Partnership
/s/ Jennifer Wrask, Partner
This state was filed with the HUMBOLDT County Clerk on the date November 14, 2016
I hereby certify that this copy is true and correct copy of the original statement on file in my office
Kelly E. Sanders
s/ aa, Deputy Clerk
Humboldt County Clerk

11/17, 11/27, 12/1, 12/8 (16-289)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME TANDY LYNN FLOYD CASE NO. CV160927 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
TANDY LYNN FLOYD
TO ALL INTERESTED PERSONS:
Petitioner: TANDY LYNN FLOYD

for a decree changing names as follows:
Present name

TANDY LYNN FLOYD
to Proposed Name
TANDY MALLOY FLOYD

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: December 12, 2016
Time: 1:45 p.m., Dept. 3
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: October 31, 2016
Filed: October 31, 2016
/s/ Dale A. Reinholtsen
Judge of the Superior Court
11/10, 11/17, 11/24, 12/1 (16-278)

LEGALS?
442-1400 x305
classified@north
coastjournal.com



County Public Notices
Fictitious Business
Petition to
Administer Estate
Trustee Sale
Other Public Notices

NOTICE OF TRUSTEE'S SALE
ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE
TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY]
NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注：本文件包含一个信息摘要
참고사항: 본 첨부 문서에 정보 요약서가 있습니다
NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO
TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP
LƯU Ý: KÈM THEO ĐÂY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED February 18, 2014. UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION OF THE NATURE
OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

NOTICE IS HEREBY GIVEN that on December 8, 2016, at the hour of 10:30 a.m., on the steps to the front entrance of the Humboldt County Recorder, located at 835 5th Street, City of Eureka, County of Humboldt, State of California, PRIME PACIFIC, a corporation, as Trustee will sell at public auction, to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, all payable at the time of sale, real property situated in the County of Humboldt, State of California, and the purported address is 605 Rancho Sequoia Drive, Alderpoint, CA 95511 (APN: 216-318-008), and is more particularly described in the Deed of Trust referenced below.

Directions may be obtained pursuant to a written request submitted to the beneficiary: Jose Luis Caballero and Cathy Anne Caballero, Trustees, c/o Prime Pacific at (707) 468-5300 or mailing request to Prime Pacific, P.O. Box 177, Ukiah, CA 95482—within 10 days from the first publication of this notice.

If a street address or common designation of property is shown in this notice, no warranty is given as to its completeness or correctness. The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein.

The total amount of the unpaid obligation, together with reasonable estimate of the costs, expenses and advances at the time of the initial publication of this notice is \$198,173.12. It is possible that at the time of sale the opening bid may be less than the total indebtedness due.

The sale will be made without covenant or warranty of title, possession, or encumbrances to satisfy the obligation secured by and pursuant to the power of the sale conferred in that certain Deed of Trust, all advances thereunder, interest provided therein, and fees, charges and expenses of the trustee. The Deed of Trust was executed by Allison R. Berry, an unmarried woman, as the original Trustor, recorded February 24, 2014, in Document No. 2014-003287-5, Official Records of Humboldt County, and said property will be sold "as is" and no warranty or representation is made concerning its present condition.

Notice of Default and election to sell the described real property under the mentioned deed of trust was recorded on August 5, 2016, Document No. 2016-014735, Official Records of Humboldt County.

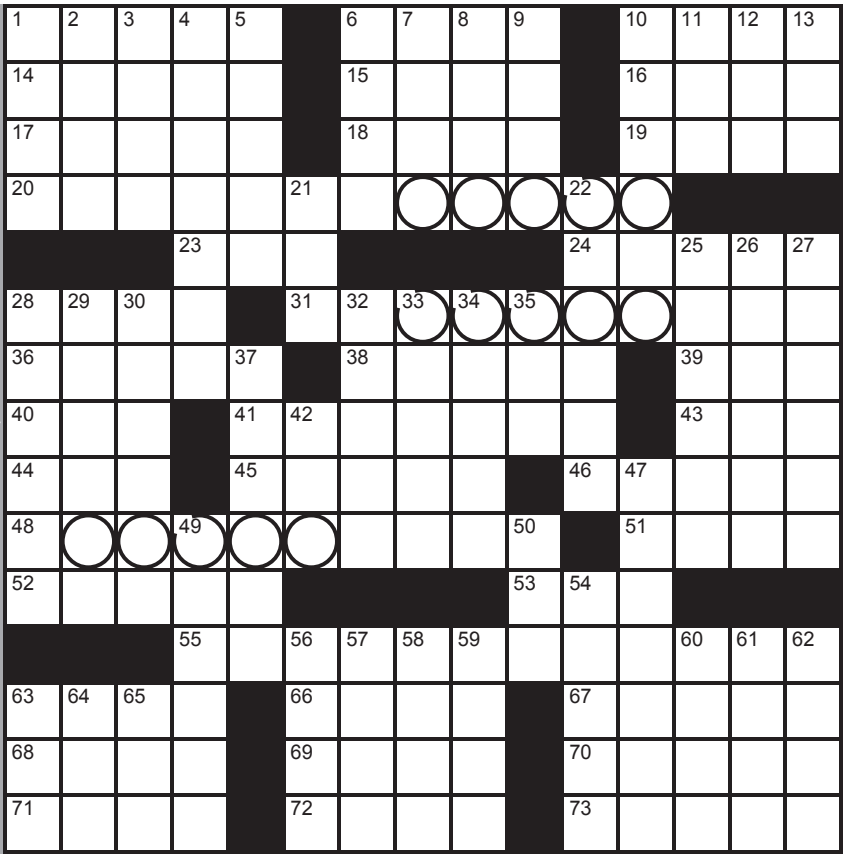
NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice may be postponed one or more times by the mortgagee, beneficiary, trustee or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call PRIME PACIFIC at (707) 468-5300. You may also visit our website—primepacificforeclosures.com. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the website. THE BEST WAY TO VERIFY POSTPONEMENT INFORMATION IS TO ATTEND THE SCHEDULED SALE.

The mortgagee or beneficiary is not required to give notice under CA Civil Code Section 2923.5.
Dated: November 7, 2016
PRIME PACIFIC, a California corporation
—Trustee
By: JANE H. LEONARD, President

No. BERRY M-16-30F

CROSSWORD by David Levinson Wilk



TEXAS ANSWERS NEXT WEEK!

ACROSS

- 1. Windows forerunner
- 6. Suffix with song or slug
- 10. "When in ____"
- 14. Modern-day hieroglyph that comes from the Japanese for "picture writing"
- 15. Reason to hold your nose
- 16. Estrada of "CHiPs"
- 17. Pickup line?
- 18. Stand
- 19. Nod off
- 20. Be indebted to the IRS
- 23. Big name in video games
- 24. Speak (for)
- 28. Org. that provides handicaps
- 31. Vendor's response to a question about an add-on purchase

- 36. Trudge through wet snow, say
- 38. Autumn hue
- 39. Yoga surface
- 40. River to the Rhone
- 41. Co. with the longtime stock symbol "X"
- 43. ____-hit wonder
- 44. Quiet end?
- 45. "A League of ____ Own"
- 46. Arafat of the PLO
- 48. Sorely lacking heat in one's bedroom, so to speak
- 51. "Take ____ a sign"
- 52. Agitated, after "in"
- 53. Spot for a Bluetooth headset
- 55. With 73-Across, threat from someone irked by the arrangement of circled letters in 20-, 31- and 48-Across

- 63. Volvo or VW
- 66. Neck of the woods
- 67. One of many made by Hitchcock
- 68. "Hurry up!"
- 69. Doesn't just ask
- 70. Most toilet seats, geometrically
- 71. "____ Smile" (1976 hit)
- 72. Candidate's quest
- 73. See 55-Across

DOWN

- 1. "Never Let ____" (2005 Kazuo Ishiguro novel)
- 2. Fish-eating duck
- 3. Be sweet (on)
- 4. Natives of the Lake Superior region
- 5. The Bible's Mount ____
- 6. Motorist's decision point
- 7. Tweak some text

- 8. Seven-time All-Star Sammy
- 9. "Jurassic Park" menace
- 10. Team that's played in the same home park since 1912
- 11. Guatemala gold
- 12. "Les ____"
- 13. Pull (out)
- 21. Abbr. following op. and loc.
- 22. ____ Brothers
- 25. Absolute maximum
- 26. A lot of thinking is done in them
- 27. Intolerant types
- 28. Patriotic chant at the Olympics
- 29. Equipment next to swings and seesaws
- 30. Follow
- 32. Car wash employee, at times
- 33. When Juliet drinks

- the potion
- 34. "Voilà!"
- 35. Show (out)
- 37. Words yelled before "Hike!," perhaps
- 42. Doo-wop syllable
- 47. Broadcasting unit?
- 49. Arizona city known for its red sandstone
- 50. ____ Moines, Iowa
- 54. Fancy necktie
- 56. Slaps the cuffs on
- 57. Golfer's obstacle
- 58. The "M" of MB
- 59. Compass heading
- 60. Big-screen format
- 61. Honduras seaside city
- 62. "Bonanza" brother
- 63. Window units, briefly
- 64. Thurman of "Pulp Fiction"
- 65. The Blue Jays, on scoreboards

LAST WEEK'S ANSWERS TO PORKY

A	H	A		R	A	F	T		E	T	U	D	E	S	
N	O	N		A	S	I	A		S	H	R	I	F	T	
T	H	A	W	N	U	T	S		K	E	N	D	R	A	
S	O	S	A	D				E	R	I	C		T	E	T
			T	H	Y	C	H	R	O	M	O	S	O	M	E
A	R	A	L	S	E	A		B	O	N	O				
T	O	S			D	N	A			G	O	F	A	R	
T	H	I	N	Y	E	A	R	S	G	O	N	E	B	A	R
N	E	A	T	O				I	T	I		E	E	E	
			W	U	H	L			U	N	F	O	L	D	S
T	H	A	T	S	A	L	L	F	O	L	K	S			
H	A	N		W	N	B	A			A	A	U	G	H	
O	N	E	L	E	G			P	O	R	K	Y	P	I	G
R	E	G	G	A	E			E	R	I	E		T	N	T
A	S	G	A	R	D			L	E	N	D		O	S	S

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© Puzzles by Pappocom HARD #69

			3						4	2		
								5		6	8	
							1	3				
2							4		9			
	7				5				1			
	9			7						6		
			2	6								
3	1			8								
	8	7							9			

www.sudoku.com



BROUGHT TO YOU BY OUR VIP PICKERS:



**NEW TREND
WIRELESS
69/145pts**

**Kathleen Bryson
Attorney
82/145pts**

**JH & Company
80/145pts**

**SOUTHERN HUMBOLDT CHAMBER OF COMMERCE
82/145pts**



90/145pts



86/145pts



85/145pts



95/145pts



92/145pts



80/145pts

WEEK #10 WINNER:

THIEFTOUU: 9/14pts

Pro Pick'em Top 5 Leaders

FG01085: 95/145pts

NCJLADYLUCK: 93/145pts

PANDOPOLIS: 93/145pts

NWOODCHEVY: 92/145pts

JAKE: 92/145pts

PLAY TO WIN!

NORTHCOASTJOURNAL.COM/FOOTBALL

Employment

Opportunities

AIRLINE CAREERS BEGIN HERE -
Get started by training as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 800-725-1563 (AAN CAN)

AMERICAN STAR PRIVATE SECURITY

Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262.

HOME CAREGIVERS PT/FT

Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045.

DON-RN-LVN

Actively Interviewing Licensed Nurses in Fort Bragg, California

We require a nurse with strong clinical assessment and interpersonal skills.

This is a great opportunity to work in a high-quality, nursing facility.

Multiple Shifts and Extensive Benefits Package.

707-964-6333
or terriem@SOHOCFTB.com



Full-time Behavioral Health Clinician (PsychD/LCSW)

Redwoods Rural Health Center seeks a PsychD/LCSW to provide integrated behavioral health services for clients in Redway. Works closely with the on-site medical providers, county case management, and specialty mental health.

This is a full-time position with paid time off, employer-sponsored health benefits, and Loan Repayment through the NHSC.

Full-time LVN/RN

Candidates must possess a current nursing license, as well as, clinical experience, strong triage skills, computer proficiency, and management abilities.

RRHC is an EOE and offers a four-day work week, as well as, competitive compensation and benefit packages.

Interested and qualified candidates may apply at:

Redwoods Rural Health Center
101 West Coast Rd
P.O. Box 769
Redway, CA 95560
download an employment application from www.rrhc.org or contact RRHC at (707) 923-2783.



Redwood Coast Regional Center

Be a part of a great team!

Service Coordinator (Case Mgr)

1 FT in Eureka, CA. Advocating & coord. services for children over age 3 w/intellectual & dev disabilities & Autism. Requires MA or BA w/exp in human services or related field. Salary range starts at \$3164/mo. + excellent benefits.

Visit www.redwoodcoastrc.org for more info & required docs. **Closes 11/28/16 at 5PM.** EOE



BLUE LAKE CASINO & HOTEL

Looking for fun and friendly people to fill a variety of positions.

CURRENT JOB OPPORTUNITIES:

**Cashier, Housekeeper,
Payroll Clerk, Server & more!**

Visit www.bluelakecasino.com and apply now. Visit our website to see additional job listings and learn more about the company.



CITY OF ARCATA BUILDING OFFICIAL

\$61,538.58-\$74,800.53/yr.

First Review Date:

November 30th, 2016

(Open until filled).

Plans, organizes, manages, and coordinates full scope of Building Division activities; ICC or IAPMO certifications required. EOE.

Application packet available at:

www.cityofarcata.org or City Manager's Office, 736 F Street, Arcata; (707) 822-5953.



CITY OF ARCATA Property & Special Projects Manager

\$64,615.50 - \$78,540.54/yr.

Filing Deadline: November 30th, 2016.

Manages, coordinates, performs, and supervises varied duties related to real property transactions, public contracts and bidding processes, risk management programs, policies and training, and construction management activities.

Application packet available at:

www.cityofarcata.org or City Manager's Office, 736 F Street, Arcata; (707) 822-5953. EOE.



Reproductive Health Specialist II

These are non-exempt FT and PT positions that include weekends and Saturdays as needed. Salary \$13.75-\$15/hour + full benefits package. Please apply online at www.ppnorcal.org. EOE

Share your heart, Share your home.
Become a mentor today.

Do you have an interest in helping others?
Would you like the freedom to work from home?

California MENTOR is looking for caring people with a spare bedroom to support an adult with special needs.

California Mentor matches adults with disabilities with people like you, in a place they can call home. Receive a generous monthly stipend and ongoing support.



317 3rd Street, Suite 4
Eureka, CA 95501

For more information call Sharon at 442-4500 ext 16
or visit www.mentorswanted.com.



K'IMA:W MEDICAL CENTER

an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

NURSE MANAGER FT/Regular. Supervises the Nursing Department and provides support in the clinic. **Open until filled.**

CLINICAL LABORATORY ASSISTANT FT/Regular (\$15.38 per hr start, KGS 5). Performs a variety of technical and clerical duties includes specimen preparation and collection. This is a temporary position that could be changed to a full-time, regular position. Minimum Requirements: Licensed Phlebotomist desired (\$17.14 per hr start, KGS 6). **Open until filled.**

PHYSICIAN FT/Contracted (\$91.34 per hr DOE). Provides medical care and referrals. **Open until filled.**

DENTIST FT/Contracted (\$55.86 per hr DOE). Provides dental health care. **Open until filled.**

FAMILY NURSE PRACTITIONER FT/Contracted (\$39.60 per hr DOE). Primary care provider seeing all ages of patients and all medical conditions. **Open until filled.**

DOMESTIC VIOLENCE PREVENTION COORDINATOR FT/Regular (\$26.44 per hr start). Supervise staff and services to domestic violence and sexual assault victims. This is a grant funded position. **Open until filled.**

MEDICAL ASSISTANT FT/Regular (\$15.38 per hr DOE). Provides administrative, clerical and technical support to physician; Certified Medical Assistant desired. **Open until filled.**

LICENSED VOCATIONAL NURSE FT/Regular (\$19.05 per hr DOE). Assists in providing direct nursing care for patients. **Open until filled.**

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call 530-625-4261 or email: hr.kmc@kimaw.org for a job description and application. Resume and CV are not accepted without a signed application.



Join the Hospice of Humboldt team!
Our staff work in a great environment and enjoy outstanding benefits, competitive wages and professional growth opportunities.

We currently have openings for:

Hospice RNs (full-time, part-time, and per diem) Medical Social Workers (0.8 FTE and per diem) RN – Clinical Manager Hospice Physician

Visit www.hospiceofhumboldt.org
or call 707-445-8443 for more information.



Southern Humboldt Community Healthcare District is now accepting applications for:

CLINICAL LAB SCIENTIST

Full Time Position. California Clinical Laboratory Scientist. Chemistry, hematology, UA, coagulation and blood bank experience required. Includes shared call.

DIRECTOR OF NURSING — SKILLED NURSING FACILITY

This position is perfect for a registered nurse that is passionate about making a difference in the lives of others and enjoys working as a team. Full Time position. Over sees the staff and daily functions of an 8-bed Skilled Nursing Facility. Position reports directly to the Chief Nursing Officer. BSN required, previous management experience required. Must be familiar with Title 22 and skilled nursing regulations. This position would be a great fit for an experienced Director looking for a positive career change.

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access acute care & emergency room.

LICENSED VOCATIONAL NURSE

Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility.

CERTIFIED NURSE ASSISTANT

Full Time, Part Time, or Per Diem Position. Direct Patient Care, activities with the residents/ patients. Must possess CNA Certificate and CPR Certification.

MEDICAL ASSISTANT

Full Time Position. Must possess CMA Certificate, experience preferred but willing to train the right candidate; BLS certification required.

CASE MANAGER

Full Time position. 8-hour shifts. Provide assessment, planning, and coordination of options and services to meet a patient's medical care needs. Assist in patient care by providing clinical information to payers, monitor length of stay, seek necessary care authorizations, and appeal medical decisions. Current RN or CSW license required. Minimum 3 years case management, or related field, experience preferred.

COOK

Part Time Position. Required to cook and follow a planned menu. General cleaning of the dietary department. No license or certification required.

Visit www.shchd.org for more information and to apply
Or call (707) 923-3921 ext. 230



sequoiapersonnel.com
2930 E St., Eureka, CA 95501
(707) 445.9641

CARDINAL SERVICES INC., DBA

SEQUOIA PERSONNEL SERVICES

Construction Design/Estimator
PT Admin Asst. • Accounts Clerk
Marketing/Front Office • Carpenter
Medical Billing Clerk • Office Manager
General Laborers • Forester • Retail
Travel Agent • Supervising Planner
Medical Assistant • Caregivers
Equipment Mechanic • CPA



ASSOCIATE TEACHER, HEAD START – FORTUNA

Assists teacher in the implementation and supervision of activities for preschool children. Requires a minimum of 12 ECE units—including core classes—and at least one year experience working with young children. **P/T** (school year): 34 hours/week; \$11.15-\$11.72/hr. **Open Until Filled.**

BILINGUAL HOME VISITOR – EUREKA

Provides weekly home visits & facilitates parent & child play groups twice a month. Req. AA/AS degree in Early Childhood Education, Psychology, Social Work or related field OR 12 ECE units (incl. core classes) +12 related units. Req. 2 yrs exp. in community service working w/ children & families. Bilingual required. **F/T** (yr round): 40 hrs/wk; \$13.75/hr. **Open Until Filled.**

COOKS – FORTUNA, EUREKA

Cook positions open at Fortuna & Eureka Duties include prep meals for toddler & preschool age children in a childcare ctr. Req.exp in food service & volume meal prep. Pref. candidate have training or education in nutrition, menu planning, kitchen safety, sanitation & CACFP (CA Child Care Food Program). Fortuna **P/T** (school yr) 25-28 hrs/wk \$10.62/hr. Eureka **P/T** (school year) 33 hrs/wk \$10.62/hr.

ASSISTANT TEACHER – EUREKA

Assist center staff in the day-to-day operation of the classroom for a preschool program (implementing & supervising activities). Prefer a min. of 6 ECE units & 6 months exp. working w/ young children (12 units of ECE core classes preferable). **P/T**, 2 days/wk. \$10.07-\$11.11/hr. **Open Until Filled.**

TEMP CLASSROOM ASSISTANT – WILLOW CREEK

Assist center staff in the day-to-day operation of the classroom for a preschool program (implementing & supervising activities). Prefer a min. of 6 ECE units & 6 months exp. working w/ young children **P/T** 17/hr/wk: \$10.07-\$11.11/hr. **Open Until Filled.**

Positions include vacation, holidays
& sick leave benefits.

Submit application, resume & cover letter to:
Northcoast Children's Services
1266 9th Street, Arcata, CA 95521

For application, job descriptions & more info,
visit www.ncsheadstart.org or call 707-822-7206.



Would you like to apply your skills in an established organization helping local children and families? Our exciting workplace has full- and part-time time openings.

Take a look at the job descriptions on our website at www.changingtidesfs.org

CLINICIAN

Full-time opening for a Clinician to provide services to children, youth, and adults, including assessments, individual and group therapy, and related services. Clinician I requires current ASW or MFTI registration valid in CA. Clinician II requires current MFT or LCSW license valid in CA. Bilingual

Clinician positions require ability to speak, read, and write in accurate, fluent Spanish.

Experience providing psychotherapy w/children and youth as the primary focus is preferred.

Clinician I \$23.24/hour, Clinician II \$4,385/month, Bilingual Clinician I \$24.92/hour, Bilingual Clinician II \$4,702/month. Closes **Monday, November 14th at 5:00 p.m.**

BILINGUAL CHILD CARE CASE MANAGER/CHILD CARE CASE MANAGER

This full or part-time position interviews applicants to determine eligibility for subsidized child care programs and maintains a caseload of clients. Course work in social services or related field and experience which has involved the explanation of rules and regulations to the public desired.

Bilingual Child Care Case Manager requires ability to speak, read, and write in accurate, fluent Spanish.

Child Care Case Manager starts \$14.11/hour; Bilingual Child Care Case Manager starts \$14.83/hour. **Open until filled.**

PROFESSIONAL DEVELOPMENT SPECIALIST

This full-time position plans, develops and delivers trainings to improve knowledge, skills and practices of early education professionals; recruits and provides training/technical assistance to individuals in order to enter and/or stay in the child care field. Degree in Early Childhood Education (ECE) or related field or degree with at least 24 units of ECE or Child Development; experience with direct service in a child care facility. Starts at \$20.01/hr. **Open until filled.**

Benefits for all full-time positions include paid vacation/sick leave, holidays, paid insurance, and 401k retirement plan.

Additional requirements for all positions listed: Must be able to pass DOJ/FBI criminal history fingerprint clearance and possess a valid CDL, current automobile insurance, and a vehicle for work. EOE

Complete job descriptions and applications can be found on our website: changingtidesfs.org. Submit a letter of interest, resume, and completed job application to Nanda Prato, Human Resource Director, 2259 Myrtle Ave., Eureka, CA 95501 or nprato@changingtidesfs.org

INFORMATION TECHNOLOGY SPECIALIST IV 8 hrs/day, 5 days/wk, year round district wide position. A Eureka City Schools Classified application is required for this position. Email stemachj@eurekacityschools.org for job description www.eurekacityschools.org



COLLEGE OF THE REDWOODS

PRESIDENT/SUPERINTENDENT

Full-time

Annual Salary Range: Independently Determined

Closing Date: November 30, 2016

For more information

www.redwoods.edu/hr

PART-TIME FACULTY POSITIONS

EUREKA CAMPUS

Agriculture - Landscape

Biology

Chemistry

Communications (Speech)

Computer Information Systems

Counselor - Disabled Students Programs

Dental Assisting

Librarian

Mathematics

Nursing - Clinical

Sign Language

Welding

DEL NORTE

Art

Biological Sciences

Business

Communication Studies

English

Mathematics

Sign Language

Sociology

KLAMATH-TRINITY (HOOPA)

Business Technology

Communication Studies

Computer Information Systems

Early Childhood Education

English

Psychology

Sociology

More information about the positions is available through our website.

www.redwoods.edu/hr

College of the Redwoods

707-476-4140 • hr@redwoods.edu

College of the Redwoods is an EO Employer



Redwood Coast Regional Center

Be a part of a great team!

Federal Program Specialist

FT in Eureka, CA. Reviews, maintains oversight and recertification for persons identified in the HCBS Medicaid and 1915(i) waivers.

Applicant needs minimum of 3 years working with persons with a diagnosis of intellectual disability. Requires a BA in human svcs OR lic PT, OT, speech path, RN, rehab counselor. Salary range begins \$3651/mo + excellent benefits.

To apply go to www.redwoodcoastrc.org.

Closes **11/30/16 at 5PM**. EOE



Redwood Coast Regional Center

Be a part of a great team!

Client Services Manager (2)

Eureka, CA. 1 FT Adult Unit and 1 FT Early Start/Children's Unit. Requires MA + 4 yrs.exp. w/ persons w/dev. disabilities or BA +6 yrs exp. Leadership exp, knowledge of case mgmt, computer expertise, good written/verbal skills. Salary range starts \$4221/mo + excellent benefits.

To apply go to www.redwoodcoastrc.org.

Closes **11-30-16 at 5pm**. EOE-M/F

Vanity

Rental options at Vanity for Hairstylist and Esthetician

109 F St. Eureka | 707.442.8980
open seven days a week



Internews

Local voices. Global change.

PAYROLL ACCOUNTANT

Dynamic international organization seeks to fill Finance and Accounting position in Arcata

Under the direction of the Controller, this position processes semi-monthly payroll and all related tax filings for all corporate staff.

Ideal candidates have:

- General knowledge of not-for-profit Generally Accepted Accounting Principles (GAAP).
- Minimum one year of payroll processing experience.
- Technical and logistical problem-solving capabilities and ability to manage competing deadlines.
 - Experience in multi-state payroll.
 - Intermediate expertise in Microsoft Office, particularly Excel

TO APPLY: Full details and applications online www.internews.org/jobs



LOOKING FOR A MEANINGFUL JOB IN YOUR COMMUNITY?

To start a career where you feel good about helping out others? We are looking for On-Call team members to supplement our programs, a great opportunity to get your foot in the door with our caring and compassionate company. We are looking for on-call LVN/LPTs, Service Coordinators, Rehab Assistants, Cooks, and Housekeepers. Apply in person at Crestwood Behavioral Health Center 2370 Buhne Street, Eureka 707-442-5721

YUOK TRIBE JOB OPENINGS

For information www.yuoktribe.org, hr@yuoktribe.nsn.us or 707-482-1350

#0773 FORESTRY DIRECTOR

RG/FT KLAMATH \$72,999-94,898 OUF

#0839 HEAD START TEACHER

RG/FT KLAMATH \$20.23-26.30 11/18/16

#0840 BUS DRIVER/CUSTODIAN

RG/FT WEITCHPEC \$15.86-20.62 OUF

#0849 PARALEGAL

RG/FT KLAMATH \$24.12-37.93 11/18/16

#0850 SOCIAL SERVICE DIRECTOR

RG/FT KLAMATH \$72,999-94,898 11/28/16

#0851 ASSOCIATE GENERAL COUNSEL

RG/FT KLAMATH \$60,904-94,898 11/18/16

#0852 DEPUTY GENERAL COUNSEL

RG/FT KLAMATH \$72,999-112,847 11/18/16

#0853 OFFICE OF SELF GOVERNANCE AD

RG/FT WEITCHPEC/KLAMATH \$55,435-79,173 11/18/16

open door Community Health Centers

NOW SEEKING:

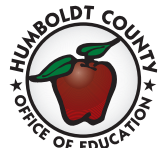
Billers

Open Door has several Billing (medical and dental) positions available in our Arcata office. The Biller should have excellent customer and interpersonal communication skills as well as strong computer experience, attention to detail, the ability to follow a task from start to finish and enjoy working in a busy and productive office. We will provide training in our specific programs; previous medical and/or dental billing experience required.

Positions Available in:
Arcata

For details and online applications, visit:

opendoorhealth.com



Humboldt County Office of Education

Personnel Commissioner

(Dec. 1, 2016 - Dec. 1, 2017, filling remainder of a 3 yr. term)

The Personnel Commission is a three-member independent body responsible for ensuring that Humboldt County Office of Education Classified employees are selected, promoted, and retained based on California Merit System principles and procedures. To be eligible, appointee must be a registered voter, a resident of Humboldt County and a known adherent of Merit System principles, which ensure fair and equitable treatment of classified (non-teaching) employees. Monthly Stipend + Mileage.

Applications at HCOE or online:

www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501.

Open until filled.



United Indian Health Services, Inc. Chief Medical Officer

United Indian Health Services, Inc. (UIHS) is a non-profit Tribal Health Program located about 10 miles north of Eureka, CA on the beautiful North Coast of California. UIHS services the native communities of Humboldt and Del Norte Counties and provides direct services at seven locations.

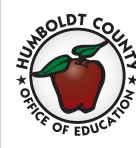
The Chief Medical Office (CMO) is the lead clinician in charge of all aspects of patient care services provided by United Indian Health Services, Inc. including dental, vision, mental health, and ancillary services such as perinatal, laboratory and pharmacy services. Working from a solutions-oriented approach, the CMO monitors clinical performance to ensure services and operations are in compliance with all UIHS policies and procedures, and applicable laws and regulations.

The CMO must be licensed by the State Board of Medical Examiners to practice medicine in the State of California and be Board Certified. UIHS can accept applicants with any state license given our federal contract.

Candidate must have documented skills & experience in EMR/PCMH implementation and data acquisition to augment and improve quality patient care. United Indian Health Services provides a full range of benefits including Health Coverage, 403B with match, CME contribution, life insurance, malpractice coverage and sign on bonus package. Compensation commensurate with experience and community standards. Job Description, benefits and salary range available upon request.

Please submit a Letter of Interest and Resume to UIHS Human Resources Director at **HR-Recruiting@cuihb.org**

In accordance with PL 93-638 American Indian Preference is applied. All applications welcome. UIHS offers competitive wage and benefits.



Humboldt County Office of Education

Anticipated Openings for School Bus Drivers



Entry level or experienced—all you need is the DRIVE to succeed! Part-Time, full-time, and substitute positions. Competitive wages & benefits, PERS retirement for all regular positions. FREE training available for CLASS B license and School Bus Driver Certification.

Qualifications: Must be 18 years of age or older. Drivers are subject to a medical evaluation, including drug testing.

Apply at HCOE or online at **www.humboldt.k12.ca.us**

Reply to: Personnel, HCOE, 901 Myrtle Ave., Eureka, CA 95501.



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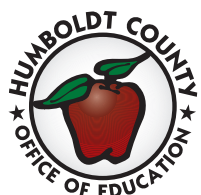
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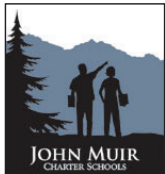
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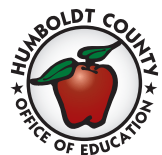
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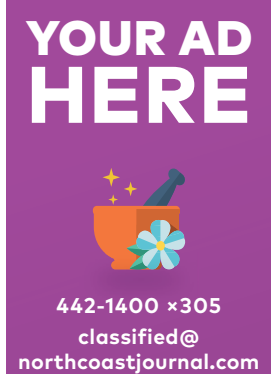
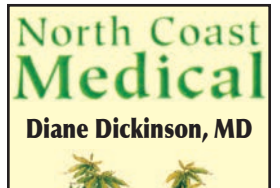
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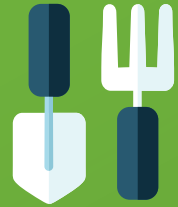
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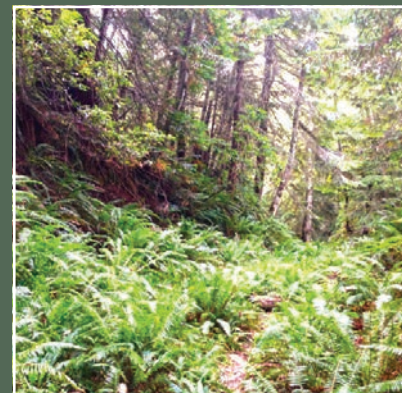
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